

## University Launches New Logo and Brand Center to Represent “One Adelphi”

BY GABRIELLE DEONATH

On June 26, in the *Adelphi Insider* campus-wide email, the Communication and Marketing Department debuted a new logo to represent the university, as well as a style guide and brand center.

According to Joanna Templeton, associate vice president for brand strategy and university communications, the idea for a rebranding of the university came after President Christine Riordan’s 100-day listening tour, which took place right after her inauguration as president in 2015.

On the tour, she received feedback from students, faculty, alumni and the board of trustees about the university. “It became clear that we did not look like one Adelphi,” Templeton said. “If we wanted to be a modern metropolitan university, we needed to rebrand.”

Another goal of the rebranding process was to make the words “Adelphi University” more visible and better publicized, Templeton said.



Left: Old logo  
Right: New logo  
Provided by  
Adelphi Brand  
Center



The Communications and Marketing Department enlisted the help of an agency to design a new logo. While the same white, gold and brown colors have been used, they are now stronger and bolder.

The advertisements for the different schools within the university have also been redesigned. The pictures and wording used on each ad is strategically chosen, according to Templeton. The goal of each picture used is to tell a story, and the accompanying words express reasons why students should choose Adelphi as their home during their pursuit of higher education.

“Identity is bigger than just a name,” Templeton said.

The new style guide and brand center, in addition to providing guidelines for how the logo can be used, allows students, faculty and staff to access the logo in various forms and for many purposes. Anyone in the Adelphi community can use the brand center to create flyers, Power Points, wallpapers, report covers and more with the Adelphi logo. Templeton said that the rebranding of the university will be a continuous effort to represent the campus as one whole.

To visit the branding center, go to [brand.adelphi.edu](http://brand.adelphi.edu).

## Panther Community Helps Hurricane Harvey Survivors Through Relief Efforts

BY GABRIELLE DEONATH

In order to help the hundreds of thousands of people affected by Hurricane Harvey last week, various individuals and groups at Adelphi University have jump-started relief efforts.

In addition to funds, some of the items being collected include school supplies, diapers and toiletries. Della Hudson, associate dean of student affairs, said she has been helping to coordinate the relief efforts in order to create a more powerful impact than those of past natural disasters. “We’ve learned a lot since Hurricane Sandy,” Hudson said. “If Club A is collecting diapers and Club B is collecting diapers and Club C is collecting diapers, it’s not helpful to anyone.”

Hudson is in charge of gathering funds for the university’s disaster relief account and says students who want to provide monetary support to Harvey survivors can drop donations to room 308 in the Nexus building.

Jason Spradley, assistant director for the Center of Student Involvement (CSI), has a more personal connection to the tragedy that overtook the Texas area. “I actually am from the Houston area, so all of my family is still there except for me,” he said. “I help oversee the civic engagement area of the Center for Student Involvement, and we were interested in ways to help in a productive way. So I found a reputable organization in the Texas area and supplied an important item that many people would not think about.”

Spradley and CSI are collecting diapers for the first three weeks of the semester.

Professor Robert Linne, with the help of the Future Teachers Club, is conducting a school supplies drive in room 227 in Harvey Hall. The products will be donated to the Galena Park School, located just outside Houston.

Sandy Louis, a student in the R.N. to B.S. in Nursing Program, is collecting toiletries and feminine sanitary napkins to donate to the Black Nurses Rock chapters in Houston and San Antonio. Black Nurses Rock is a nonprofit organization built to serve local communities, with chapters in almost every state.

(Continued on page 3)

## 1,150 New Students Enter Most Diverse Class of 2021

BY JESSICA WINANS

Adelphi University’s incoming Class of 2021 began their college careers on Monday, August 28. There are 1,150 new Panthers, a relatively large enrollment compared to freshmen enrollment in most previous years with the Class of 2021 falling only 50 students short of the record-breaking Class of 2020.

“This is the second largest and most diverse freshman class in Adelphi’s history, and we’re proud of that,” said Stephanie Espina, director of freshman admissions at Adelphi. “Every year, each class brings something special to our community and all of us here at the University look forward to helping them grow personally and professionally.”

Out of the 1,150 new students, about 68 percent are female; the remaining 32 percent male. This year’s diverse class is also made up of different ethnicities as follows: 49 percent white, 19 percent Hispanic, 12 percent Asian/ Pacific Islander, 11 percent African American, 3 percent as two or more races, and one percent as American Indian/Alaskan Native.

“I think that the new first-year students have a lot of pride,” said Cynthia



Group 16, part of the Class of 2021, at this summer’s Freshmen Orientation.

Erazo, an Adelphi student and orientation leader this past summer. “They’re really high energy.”

Among the new students, 43 percent are taking classes in the College of Arts and Sciences, 29 percent in the College of Nursing and Public Health, 11 percent in the School of Business, 7 percent in the School of Psychology, 6 percent in

the School of Education, and one percent in the School of Social Work.

“When I realized how amazing the political science department was and when I realized Adelphi had the LGS Program, it intrigued me to go,” said Adelphi freshman Nilsu Yildiz. “All of my professors are nice, and it’s a really good

(Continued on page 3)

## A Word from the Editor

Welcome back, and an official welcome to the Class of 2021! Now two weeks into the semester, I hope you're all easing back into the routine of classes, homework and studying. The beginning of a new semester brings with it a hoard of different emotions – excitement, anticipation, vacation blues, anxiety and stress. I, for one, have experienced all of those feelings in these few weeks.

As editor-in-chief of the 2017-'18 school year, I am most excited about this upcoming year because of the talented group of editors working with me to create interesting and relevant content for all of you. The process of putting together this first issue, seeing the outcome of our hard work and collaboration, has truly been rewarding.

With recent events, like the Charlottesville protests that took a turn for the worst, it reminds me that our social environment can make us feel divided for a myriad of reasons. However, there are moments, unfortunately sometimes tragic ones, that can bring us together as a people and as a country. Hurricane Harvey has been a prime example of that, even on our campus where a number of relief efforts have been started to help those who have been left devastated in the wake of the disaster.

As editor-in-chief, this year I want to work hard to build that sense of unity here at The Delphian amongst our staff, but also with the rest of the Adelphi community. I want each and every one of our readers to feel that we cover issues and topics that are of importance to them and that their voices are being heard.

One way that we have tried to work towards the goal of creating a more unified community through our paper is by reaching out to esteemed alumni who have been in the very chairs we sit in today, to reflect on lessons they learned through their own college experience and provide pieces of advice they wish they knew back then. We kick off this series with Mark Kulewicz, vice president of regional marketing for AAA Northeast and chairperson of the Adelphi University Alumni Council.

To increase student and faculty involvement, we have also added a series called "What's on Your Phone?," where students and professors share five of their favorite or most useful apps. Let us know what your top five are by emailing us at [delphian@adelphi.edu](mailto:delphian@adelphi.edu), and you could end up in our next issue.

For those suffering from the vacation blues, you can head back in time to this past summer with our staff as we share our internship experiences. Or, you could read about millennial pink – not just a fashion trend, but also a food trend that began last summer.

To help you look forward to this semester, our sports section features a preview for each Panther athletics team as they prepare for the fall season.

For anyone looking for a way to get involved on campus, we are always looking for new staff writers to contribute to our work at The Delphian. For me, it has been an effective way to make connections with the larger Adelphi community and is great professional experience to have under your belt.

We look forward to continuing our discussions with you this year, and as always, thank you for your support.

-Gabrielle Deonath  
Editor-in-Chief

## The Delphian

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Letters to the editor must be less than 400 words and include the author's name, as well as affiliation to the college. Letters may be edited for the purposes of space and clarity. Letters should be sent to [delphian@adelphi.edu](mailto:delphian@adelphi.edu)

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## The Delphian Wins Awards at PCLI 2017 Media Dinner



Bryan Grilli was named best college journalism student.

### BY THE DELPHIAN STAFF

When the Press Club of Long Island (PCLI) honored hundreds of top journalists on Long Island at its annual media awards dinner on June 7, *The Delphian* took home two awards.

Bryan Grilli, editor-in-chief of *The Delphian* from 2015-'17, was named the best college journalist for Long Island with a College Journalism Scholarship. *The Delphian* also took third place in the Best College Newspaper category.

In addition, members of Adelphi's Communications Department were honored. Matthew Mikalonis won first place in the Student Journalism, Narrative-News category for his story, "U.S. College Students Learn About Cuba's Healthcare-As Patients."

The department's site, [CubaStories.com](http://CubaStories.com), won third place in the Video-Feature category for "Adelphi Journalism Students Visit Cuba."

Senior adjunct professor Liza N. Burby won three awards for features: second place for Feature/Lifestyle, "The Second Time Around: How Couples Are Saying 'I Do' Again" in "Newsday;" third place in the Arts category for "Secrets of Successful Writers' Groups" in "ASJA Monthly" magazine; and second place for the Neighborhood/Community category, "Huntington Village: The 'Big Plum' of New York," in "Luxury Living" magazine.

The PCLI is a local chapter of the Society of Professional Journalists. They have many services that can benefit students, including ongoing training and monthly free events that focus on advocacy and education about the communications industry. The organization also offers networking opportunities for students and professionals. Learn more at [www.pcli.org](http://www.pcli.org).

To be part of *The Delphian's* award-winning team, contact the editors, email [delphian@adelphi.edu](mailto:delphian@adelphi.edu), or attend a monthly meeting in the office in the Media Center in Earle Hall.

## Hurricane Harvey Relief Efforts

(Continued from page 1)

“As nurses, we are compassionate,” she said. “When we heard Harvey hit, we reached out to our chapter members to find out what we could do to help.”

Louis brought the Black Nurses Rock effort to Adelphi after seeing an email from Hudson about the various efforts being created on campus.

“When I saw her email, I thought it was a great way to involve the community,” Louis said. “It is a community effort.”

Black Nurses Rock is also accepting clothing, diapers, water, insect repellent and calling cards.

A complete list of Texas relief efforts and drop off locations will be sent in the coming days. For more information or to start your own effort, please contact Della Hudson at [hudson@adelphi.edu](mailto:hudson@adelphi.edu).

## 1,150 New Students Enter Most Diverse Class of 2021

(Continued from page 1)

environment to be around. I’m really happy I’m attending Adelphi.”

Espina said that the Office of University Admissions received over 11,800 applications for first-year admission this fall. “We saw first-year applications from nearly all 50 states and over 100 countries,” she said. “We’re thrilled that the Adelphi story is spreading so quickly.”

For more information about the new freshman class, contact Adelphi admissions at [admissions@adelphi.edu](mailto:admissions@adelphi.edu) or 800.ADELPHI.

**COME TO THE  
DELPHIAN’S NEXT  
MEETING!**

**SEPT. 25 AT 1 PM  
Earle Hall (lower level)**

## Private Colleges Aren’t Buying Into the Excelsior Scholarship Buzz

BY JESSICA WINANS

Starting this fall semester under tuition-free legislation that was introduced by Governor Andrew Cuomo in January, families who earn less than \$100,000 a year are eligible to participate in the Excelsior program.

The program was designed to provide financial relief for New Yorkers who can’t afford higher education and covers State University of New York (SUNY) and City University of New York (CUNY) tuition payments. It also offers an Enhanced Tuition Award created for students who are attending a private institution that has opted in for participation.

“Today, college is what high school was—it should always be an option even if you can’t afford it,” said Governor Cuomo in a statement on his website. “The Excelsior Scholarship will make college accessible to thousands of working and middle class students and shows the difference that government can make. There is no child who will go to sleep tonight and say, I have great dreams, but I don’t believe I’ll be able to get a college education because parents can’t afford it. With this program, every child will have the opportunity that education provides.”

While all SUNY and CUNY institutions must participate in the program, one-third of private colleges and universities have opted-out. Adelphi is one of them.

“I personally don’t understand why Adelphi University didn’t offer the Excelsior Scholarship to their students for the fall 2017 semester,” said senior Katie Monterroso. “I would also like to know who made the decision to not give the Excelsior Scholarship to students attending private colleges because I would be one of those students who fall under the criteria needed to receive it.”

While Adelphi students are missing out on the \$6,470 scholarship the Excelsior program provides, the university says there are a lot of flaws in the program they don’t want to expose students to. According to Kristen Capezza, associate vice president of enrollment management at Adelphi, both programs carry heavy stipulations and are only for New York state residents under a certain income level.

“We weighed the decision quite heavily and reviewed every individual undergraduate student’s record to inform our decision. We found that the majority of our students did not meet the criteria for selection,” said Capezza.

Other issues Capezza and colleagues have in regards to the Excelsior program and Enhanced Tuition Award are its requirements. “The biggest thing

with the Excelsior program is there are a lot of stipulations families have to meet,” Capezza said.

For example you have to have a GPA of 2.0; a minimum of 30 credits per year; four-year graduation timeline; and state residency, which must continue up to as many years as the scholarship is granted.

“One of the things that was a glaring issue is, let’s say for example you have two students in a bio program and both students submit applications,” Capezza said. “One is eligible and taking 15 credits while the other who works full-time is taking 12 credits or 10 credits and wouldn’t be eligible. So two students in the same program would be paying differently and we thought that was ethically wrong.”

“Most of our students flex between 12 and 15 credits per semester and many pursue careers nationally,” Capezza continued. “We have a very diverse student body spanning 40 states and 49 countries. This program excludes many members of our community since it only applies to New York residents.”

The university does currently award up to 94 percent of its full-time undergraduate students financial aid packages and also points out that if program funding runs out, eligible families wouldn’t receive the grant.

Other New York private schools opting out of the program include Daemen College, College of New Rochelle, Iona College and Hofstra University, while Molloy College and St. John’s University have opted in.

Whether or not you think Adelphi should enroll in the Excelsior program it is noteworthy that the current cost of tuition nationwide is at an all-time high. Compare the average private school tuition price tag of \$18,354 in 1984 to \$37,424 in 2015.

Another factor is that the Excelsior scholarship does not include room and board, meal plans, textbook, transportation and other expenses.

To learn about the Excelsior Scholarship, visit [tinyurl.com/kn48bfu](http://tinyurl.com/kn48bfu). Capezza said the Adelphi website has more details about Adelphi’s decision to opt out: [financial-aid.adelphi.edu/scholarships/new-york-state-excelsior-program](http://financial-aid.adelphi.edu/scholarships/new-york-state-excelsior-program).

## Professor & WWII Veteran Dies at 91



Harold J. Allen lectured students on the grass in the area where Hagedorn Hall of Enterprise now stands.

BY TATSUYA HONDO

Former Adelphi professor and World War II veteran Harold J. Allen passed away on June 26. He was a distinguished professor emeritus of philosophy at Adelphi for over 30 years and taught both philosophy and religion classes.

In 1949, Professor Allen earned a bachelor’s degree while studying at Queens College, City University of New York. He then went on to earn his master’s at Columbia University in 1951 and a Doctor of Philosophy in 1954. It was two years later, in 1956, that Allen took his education to Adelphi University, where he began his career as an instructor in philosophy.

“He was a seeker of knowledge,” said Allen’s son, John. “He was a generous promoter of the sciences, education, the arts

and the preservation of the natural world.”

During World War II, he served in the U.S. Army’s 286th Engineer Combat Battalion, based in Europe from 1944 to 1946. Allen was also a lifelong collector of currency, stamps and related objects and was the President of the Long Island Philosophical Society for eight years.

In addition to his work as a professor, Allen co-authored and edited books in collaboration with Adelphi faculty member James B. Wilbur, such as “The Worlds of Plato and Aristotle” in 1962, “The Worlds of the Early Greek Philosophers” in 1979 and “The Worlds of Hume and Kant” in 1982.

Allen’s legacy survives through his wife, son, daughter and two grandchildren, as well as the many former Adelphi students who Allen impacted through his teaching.

**SAVE THE DATE:**  
Friday, Sept. 15 at 11:30 am-1 pm  
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**Facing Racism**

A conversation that addresses racism through respectful dialogue in response to recent national events.

## Staffers Share Their Summer Internship Experiences

### San Diego Newspaper Group Offers Real-World Opportunities

BY JESSICA WINANS

If you had asked me what my summer plans were back in April, I probably wouldn't have said I was headed to San Diego. This summer, I was an editorial intern at the San Diego Community News Network, a group of six hyper-local newspapers in San Diego, California. There, I pitched and wrote news stories, features and news briefs for the "San Diego Uptown News," "San Diego Downtown News," "La Mesa Courier," "Mission Times Courier," "Gay San Diego" and "Mission Valley News."

I had originally planned on interning at a New York newspaper and applied to several in Albany, Long Island and Queens. I didn't hear back from eight out of the 12 I applied for, was rejected from four and was accepted for one, ironically, the day I left for San Diego.

I had not intended on applying for any others until I mentioned the possibility of moving to San Diego with my father for the summer to one of my journalism professors. He pulled up a list of newspapers and magazines in San Diego, and I began reaching out to them. I sent an introductory email with some of my favorite clips, re-

sume and a cover letter to at least a dozen newspapers (and two television stations) asking if they had any positions available.

I first heard back from the "San Diego City Beat," a popular pop-culture magazine with millennial vibes, who offered me an administrative internship. I would basically be their assistant, which was appealing to me because I just wanted to be inside of a newsroom, even if it meant buying coffee or taking out the trash.

A few weeks later, I received an email from Ken Williams, the editor of the "San Diego Uptown News." He explained that as an intern for SDCNN I would be treated as a real reporter and would be evaluated at the end with constructive criticism. After consulting with some professors, I chose to intern at SDCNN, resigned from the "San Diego City Beat" and purchased a one-way plane ticket to San Diego for May 28.

Sleeping on my dad's couch and interning at SDCNN allowed me to explore San Diego by attending farmers' markets, press events and even an 80+ senior women's basketball practice at the local YMCA.

Getting feedback from my three



editors was tough at first, but hearing that my last story was the cleanest I had submitted so far and that my editors made minimal corrections reaffirmed my passion for news writing.

This has been my third internship in media and definitely my favorite. During my internship at SDCNN, I got real-world experience reporting on assignment, working on deadline, writing clean copy and assisting in newspaper production.

Seeing my byline on the front page of the "Mission Times Courier" at the supermarket was an experience I will always be grateful for and probably never forget.

I definitely encourage other journalism students to think outside of the box when applying for internships. Just because someone at Adelphi hasn't interned at a publication or station before does not mean you can't be the first.

### Video Production Takes an Unexpected Center Stage at Red Cross

BY GABRIELLE DEONATH

At the end of the spring semester, I was in a panic because I had procrastinated on applying to internships, preoccupied by personal circumstances, and I had not received any responses about the few positions for which I managed to make the deadline. Scrolling through communications internships on Indeed.com, I found an internship description for a position on the American Red Cross's social media team that seemed to match.

After a phone screening that I thought went pretty well, I was again seized with panic when I did not hear from the hiring manager. After a week and a half, I finally received an email from him requesting an in-person interview. To my surprise, he offered me the internship in the middle of my interview.

I had previously interned at a local Long Island newspaper publishing company, but as a Red Cross social media intern, I gained much more experience in other branches of communications aside from just the writing and reporting of journalism. At the Greater NY branch in Manhattan, I was one of 33 interns, coming from around the country and around the world. I often found myself surprised by how intelligent, hard-working and col-

laborative each of the interns were.

Video production became a larger part of my role than I initially thought it would be, and I was able to use the skills I learned in a media production course I took through Adelphi's Communication Department. I was even asked to fill in for my manager, due to a scheduling conflict, as a videographer on a PSA shoot with a New York State senator.

I also created promotional videos for specific Red Cross programs, wrote blog posts including a "survival guide" for the NY transit's "Summer of Hell" and helped maintain various social media pages for the three chapters in New York. One of the special projects I was asked to work on was a Humans of NY-esque series for the Greater NY Red Cross's Instagram page, through which I was able to continue to develop my interview and photography skills. I ended my Red Cross experience by heading a Facebook Live event – writing the questions for the interview taking place, setting up camera and sound equipment and selecting and prepping the talent.

I left the Red Cross with a better understanding of the way communications and social media function at a professional level, having made connections with other interns and employees dedicated in non-profit work, and experience in various forms of communications that I could not have received anywhere else.

### Dedication of Rural & Migrant Ministry Instills a Vigor for Change

BY DANIELLE MCDOUGALL

If I were asked to summarize the goal of my work as an intern at Rural & Migrant Ministry (RMM) this summer, I would invoke the words of labor and civil rights activist Dolores Huerta: "Honor the hands that harvest your crops!" The mission of RMM is to identify and dismantle the unjust sociopolitical and economic systems present in New York State that prevent agricultural workers from receiving basic labor rights, that being an exclusion that exists even though these workers spend 10 to 12 hours a day for six to seven days a week picking the produce we eat and contributing to the multimillion-dollar agricultural industry of the state.

While sitting nervously in the Jaggar Community Fellows orientation—

the program through which I was given the opportunity to connect with the Ministry—in May, I never could have anticipated how much I would learn. I gleaned a new piece of information each day as I facilitated ally outreach for the Justice for Farmworkers campaign, co-facilitated English classes for workers, and pored over research performed by former RMM interns and scholars like Margaret Gray, PhD.

As angering as some things were to learn about, such as the exclusion of agricultural workers from labor rights laws during the New Deal due to racial prejudice, it was inspirational to see the vigor with which farmworkers, allies and religious organizations banded together to achieve justice. I will carry that vigor for change with me through every future opportunity, and I cannot thank those involved in Rural & Migrant Ministry enough for having instilled that in me.



Summer 2017 Red Cross interns. Gabrielle is far right, second row.  
Photo provided Greater NY Red Cross

## The Color Craze Sweeping a Generation

BY TAYLOR ANTHONY

“Millennial pink.” Nope, it’s not a scrappy new band taking over the DIY venues of Manhattan. It’s a color. The “it” color, really. Softer than bubble-gum and bolder than pastel, the hue has been mentioned over 32,000 times online this year, according to Brandwatch data. The popularity of the color began to grow in 2012 as a “toned-down version” of Barbie Pink. The term “millennial pink” was coined last year when it rose to the height of its popularity in the summer of 2016.

It has since expanded to include a wide variety of blushes and shades. This hue holds a sort of irony: it’s a shade of pink without the youth and immaturity that is usually associated with the color. Even if you haven’t heard of millennial



pink or didn’t know that it went by this name, you’ve seen it. If you’ve scrolled through Instagram or any of your social media handlings in the past few months, the chances are that you’ve seen the color. If you’ve gone shopping, or just been a regular human with an internet connection recently, you’ve probably seen the takeover of millennial pink.

When it comes to food, taste comes first, but a visually appealing meal that is plated and displayed with colorful ingredients puts a smile on the faces of the food gods. The food gods are sure to be smiling, because so far this year millennial pink has found its way onto plates all across the world. The color is pleasing to the eye and has an air of wonder to it. From

frappuccino’s to pineapples, it’s creating a food experience like no other. The pink has even appeared in pink sakura (cherry blossom) curry in Japan, and Black Tap created a candy-coated pink milkshake that would give you a sugar rush just by looking at it. Delicious flavors are good, but pink food—now that’s satisfying to the soul.

So what exactly is all the fuss about? What is making all these writers of trend pieces so eager to seize upon a color and call it millennial pink? When did writers outside the design industry care so much about colors anyway? The answer can’t be pinpointed exactly. However, it has come down to this: it is that millennial pink isn’t so much a color as

it is an idea — hence the great difficulty in pinning it down to a single shade. Millennial pink, whether it’s pale or desaturated or salmon-like, is a kind of non-pink pink, an aesthetic distillation of the ideals of new-age feminism. It is unabashedly feminine, but removed from limiting constraints which were placed on feminine people in the past. Pink no longer has to be bright and flamboyant. It can be soft and still captivating. It is, in a lot of ways, defined more by what it isn’t than what it is: not Barbie, not bubble gum, not frilly or that of a princess. It’s strong.

Is any of this pink stuff as good as it looks? That’s in the eye, and taste buds, of the beholder to decide, of course. Who knows how long the pinkalooza will last? But for now, pink is here to stay, at least until another color knocks it off its glorious, millennial pedestal.



## An Adelphi Alum’s Tips for Success

BY GABRIELLE DEONATH

*In this column, an established Adelphi alumnus will give reflect on their own college experiences, the lessons they learned, and their advice to the current generation of college students.*



Mark Kulewicz is Vice President of regional marketing for AAA Northeast, an affiliate of the American Automobile Association (AAA). Kulewicz earned his MBA at Adelphi University in 1985, with a concentration in marketing. He holds a bachelor’s degree in English literature from Colgate University, where he also wrote for the college newspaper and played on the university’s baseball team, and a master’s in transportation planning

and engineering from NYU Polytechnic University. He has served on the Adelphi University Alumni Council since 2008 and is currently the council chairperson. Kulewicz is married and lives in Greenlawn. His hobbies include golf, tennis and playing with his 6-year old granddaughter.

He said the biggest lesson he learned in college was the importance of trying new things. “I learned you have to take some chances and get involved,” he said. “You can’t just sit back.”

### Kulewicz’s Tips for Success in Academics, Careers and Life:

1. “In terms of anyone’s career, it’s very important to become an expert in whatever field you’re in and maintain your expertise. Being pretty good is not enough anymore.”

2. “No matter what, maintain your integrity. When you go through your career, different things can happen and different situations can arise, but people in any field are always looking for people they can trust.”

3. “Cultivate outside interests. Find thing you like and enjoy and don’t forget about them. I’m more athletic, so I play golf and tennis. That’s been great for me because you get to meet new people, and it helps you make sure you don’t get so buried in work that you lose your perspective.”

## What’s on Your Phone?

BY DANIELLE MCDUGALL

*The “What’s on Your Phone” series allows students and faculty to share their favorite and most useful apps that they cannot live without. Share your favorite apps with us at [delphian@adelphi.edu](mailto:delphian@adelphi.edu).*

**Phone owner: Tiani Moore; junior computer management major**

**1. Spotify** “Spotify is a bomb music app that gives students a \$5 discount per month to listen to unlimited music. Great for music on-the-go or if you want to jam in the shower.”

**2. Soundcloud** “Soundcloud is another bomb app that has a lot on artists who are not typically mainstream. I listen to my favorite podcast called Discourse Collective on there. I highly recommend the show.”

**3. Instagram** “Uh, duh. It’s Instagram. I love surfing all the pictures of cute pandas, penguins and seals. And I love all the roasts [jokes] from ‘Black Twitter’ that people share there.”

**4. Duolingo** “Duolingo is a great language app for those trying to learn another language. It tests you frequently on the most common words spoken in the language.”



Great for on-the-go studying, for your commute or when you’re using the bathroom.”

**5. Mastery** “Mastery is not a very well-known app, but it’s something I use to keep track of all the new skills I’m trying to develop. Some of these skills include reading more about culture and society, Vinyasa yoga and computer programming. It helps me log all the hours I spend on each skill. It’s encouraging for you to keep doing more and more when you see exactly how much time you put into developing a new skill.”

## A Divided Charlottesville May Lead to Further Confrontation

BY MATTHEW SCHROH

The overwhelming majority of Americans have reacted to the infamous August 12 Charlottesville incidents by this point. Even the least media-savvy people have glanced at a news report on CNN or Fox News or caught a glimpse of a newspaper headline on the subject. However, it is what exactly happened and how the government responded to the situation that is telling about the riot's implications about the past, present and future of the country.

On August 12, a white nationalist event was held in Charlottesville, VA. Disaster struck when the tension between left-wing and right-wing protestors escalated from typical verbal confrontation to violent physical displays. The violence reached its peak when a white nationalist drove a car through the crowd, killing one and injuring almost two dozen others. After the event, both groups present at the rally blamed the other for the violence. Left-wing protestors noted the macabre image of hordes of white nationalists marching with torches, while right-wing attendees were quick to call out the perceived violence of the well-known group ANTIFA ("Anti-Fascism") in the incident.

President Donald Trump seemed to try and take both sides in the dispute—opting to call out "both sides" for their violence in Charlottesville. He claimed there were good people and bad people on "both sides" and that "both sides" should be held accountable for their actions. This stance was well received by the alt-right, who would have probably reacted favorably to anything above total criticism, but

was attacked and ignored by everyone else, including the alt-left protestors and their supporters, public figures and politicians, both Democratic and Republican alike. The problem stemmed from the fact that Trump basically attempted to equate the white nationalist movement—a movement that lends itself far too easily to white supremacist thought—with those protesting against them, a congregation of people that did not represent one specific cause or group. If the riot had simply been a white nationalist group against ANTIFA, the calling out of two radicalized groups would have been much more acceptable. The protestors opposing the white supremacist movement were men and women of varying races and ages. Lumping them all in one group and putting them on an equal playing field as a specific movement with a specific political and social gain greatly and unfairly diminishes the role protestors play in American democracy.

This isn't even a partisan issue. Sure, American partisanship is now the worst it's been a long time since both parties have taken turns electing their candidates and refusing to cooperate when the other candidate wins the seat (the Republicans during Obama and the Democrats during Trump). But rational parties from both sides had no issue condemning and classifying the Charlottesville white nationalists as a hate group. However, Trump's refusal to call out and denounce the group's actions encourages them and hate groups like the white supremacists to interpret his reaction as grounds of approval for their cause.

The issue of Confederate statues



The violence in Charlottesville, VA, on August 12 caused shock waves around the country. Photo provided by www. www.upi.com

was also brought into the Charlottesville debacle, but I find it quite irrelevant. In my opinion, statues of Jefferson Davis, a traitor to the country who would have been proud to govern over a country of slavery, should be taken down, but statues of men like Robert E. Lee, a renowned general who never owned slaves and whose military might was unfortunately present on the wrong side of history, deserve a bit more controversy and debate about their removal. However, as a New Yorker, I don't live and never have lived in an area where such debate was necessary to have. A healthy discussion among towns and states as to whether or not their Confederate statues represent heroes or traitors should have been the route taken in this situation. But it was thrust into the limelight in the wake of the Charlottesville protest, and now all sorts of people on all ends of the political spectrum are offering their two cents on the matter.

My final verdict on the Charlot-

tesville situation is not necessarily grim, but slightly melancholy. Due to President Trump's continued misunderstanding about the place of protestors in the American democracy and his lukewarm condemnation of the alt-right, as well as the unnecessary forceful national opinion to label prominent Confederate figures as heroes or villains with no moral gray area in between, it would not surprise me in the slightest if incidents like what happened in Charlottesville continue. I can say that it likely won't lead to any "second Civil War" like some have been worrying about because it is, and will likely remain, far too unpopular to support the white nationalist cause. But the hate group and its opponents have both been emboldened by Trump's lack of direct condemnation towards the alt-right, and the chance for another confrontation is unfortunately all the more likely as a result.

## U.S. and North Korea Tensions Put Us All on Edge

BY MATTHEW SCHROH

North Korea being perceived as a threatening, fearmongering country is by no means a new development. Since the unofficial end of the Korean War in 1953, virtually all U.S. presidents and their administrations have regarded the tyrannical leadership in the isolated East Asian country with weariness. However, under the Trump Administration, tensions with North Korea have reached a peak unheard of under George W. Bush or Barack Obama. With previously laughable threats from North Korea regarding nuclear attacks no longer being taken as a joke, the question on everyone's minds is simple: How concerned should we be?

Kim Jong-un, the current supreme leader of North Korea, took control when his father, Kim Jong-il passed away in 2011. The world quickly took notice of his fierce demeanor and lack of respect for the international community when he set his sights on seriously building up a nuclear stockpile, despite continuous bans and limits by the United Nations. However, most people didn't believe a dictatorship where the overwhelming majority of citizens

dwelt in poverty could ever achieve actual nuclear weaponry of any sort. As time wore on, people began to forget Kim Jong-un was ever even barely a threat. During the 2016 election cycle, Trump even said he would be open to meeting with him.

However, after Trump won the presidency, signs began to arise that creating a friendly relationship with North Korea was very unlikely. The country continued testing missiles, though it had been banned from doing so by the U.N. It became clear that there was nothing normal about this relationship. North Korean missiles achieved rapid advancements, and Trump and Kim continued to butt heads. North Korea began testing intercontinental missiles. An American battleship also sailed near the Korean peninsula, as if keeping an eye on the situation and being prepared if things got ugly.

News broke over the summer that Kim Jong-un's North Korea had nuclear bombs that it could put into their intercontinental missiles. North Korea continued doing tests, often near South Korean and Japanese waters. Then it did the unthinkable. The country made it clear that the waters around the American territory of Guam were the next

testing site. President Trump and Kim Jong-un stated that they were willing to use military might if the other side behaved irresponsibly. For a little while, it seemed that North Korea backed down.

While it goes without saying that North Korean tensions are high, America should not be explicitly worried about being nuked. Boasting the largest military in the world, we have missile defense systems that could easily detect anything launched at us, especially such new technology as North Korea's young nuclear program. Also, through its paranoia, disregard of U.N. sanctions, and blatant disrespect for most of the international community as a whole, North Korea has found itself isolated and void of any true allies. China, the only reason North Korea hasn't been invaded by South Korea and the country's only semi-ally, is even starting to get sick of Kim Jong-un's threats and the horrific conditions put upon his people. If North Korea was attacked, China would very likely look the other way, whistling innocently.

However, this does not mean that we should shrug off another Korean War with a smirk and a "we can nuke them back even harder." North Korea invoking

nuclear warfare would be the most frightening for Japan and especially South Korea. When America launches an offensive against North Korea, it is a basic guarantee that North Korea's response will be to bomb its southern neighbor, dissolving large parts of it into smithereens. Thousands would die instantly, and the fact that Seoul, South Korea's capital and biggest city, is so close to the border makes the potential conflict even more dangerous. Nuking North Korea would be challenging for the same reason—the blast would greatly affect South Korea as well. Basically, North Korea is assured destruction if it launches a war, but it can definitely drag South Korea down with it.

So, do we have to be worried? Probably not. Kim Jong-un and Trump both realize the gravity of the situation. Though they have both threatened nuclear combat on each other, they know fully well what they have to lose should war break out. That is the reason why North Korea chose to remain silent about Guam for as long as it did and why Defense Secretary James Mattis stresses, after every Trump threat, that diplomatic options are always ready to be explored.

## Panther Fall Preview: Athletes Look to Build on Success from 2016-'17

BY NICOLETTA CUCCIO

The Panther sports season is underway; here is a round up of what to expect from our men's and women's soccer, field hockey, women's tennis, volleyball and cross country teams. Coming off a historic year in 2016-'17, the athletics department won their fourth President's Cup (awarded to the top athletics department in the Northeast 10 Conference) in the past five years. With several teams being nationally ranked coming into the fall of 2017, the athletics department looks to rollover their success into the upcoming year, and build off of their cemented success in years past.

### MEN'S SOCCER

The men's soccer team has welcomed 15 new faces to their opening day roster.

"My expectations are pretty high for this season," said junior forward James Thirstino.

Adelphi was ranked #1 on the NE10 Conference polls this preseason.

"We are looking to improve on last season, making it to the final four and then hopefully winning a National Championship," Thirstino said.

The Panthers kicked off their 2017 season with a tie to the nationally-ranked LIU Post Pioneers. In this rival match, there were three goals scored by Thirstino and graduate students Andre De Giorgi and John Stojcevski, respectively.

In their second match of the season, the Brown and Gold notched their first win against Dominican College. Netting two goals to guarantee the victory were De Giorgi and graduate student Alex Varkatzas.

Adelphi returned to the pitch on Wednesday, Sept. 6 against Molloy College. Conference play will begin on Tuesday, Sept. 12 at Stonehill College.

### Women's Soccer

The women's soccer team is ranked #1 in the conference preseason polls and welcomes nine new Panthers to their

2017 roster.

"This season we are training to be one unified team rather than 25 talented individuals," said senior forward Jeanine Nunez.

The Brown and Gold played a couple of tune-up games prior to the start of their regular season schedule, and although the score was not kept, Nunez has great expectations for her squad.

"We are looking forward to competing for the NE10 championship and trying to achieve our goal from last year and make it to the final four," said Nunez.

The Panthers played their home opener on Thursday, Sept. 7 prior to starting their conference schedule on Saturday, Sept. 9 against Merrimack College at 3 p.m.

### FIELD HOCKEY

The field hockey team has welcomed four freshmen to their squad, as well as a new head coach, Mary Moore, for the 2017 season. The team was ranked #5 in the NE10 Conference preseason poll.

"The potential of each and every individual on this team is so high that now we need to figure out how to put it all together and work together to create an unstoppable team," said senior goalkeeper Amanda Gargiulo.

The Panthers, ranked #10 in Division II, have began their season with three tough non-conference losses against #7 West Chester University, Kutztown University and #8 Bloomsburg University.

"Each game, whether we win or lose, gives us something to learn from and build on. I have nothing but high expectations for this team moving forward," said Gargiulo.

The team's conference play began on Saturday, Sept. 9 against Bentley University. The Panthers will return to Motamed Field for their first home conference game on Saturday, Sept. 16 against Saint Anselm College at 10 am.

### Women's Tennis

The women's tennis found them-

selves ranked second in the preseason polls for the NE10 Conference.

"Our expectations as a team is to compete hard and win another NE10 Championship for Adelphi," said junior Karen Serina.

The Panthers welcome one new face to their fall roster, Nicole Kielan. The team will begin competing on the courts of Adelphi University on Wednesday, Sept. 13 at 3:30 pm in a match-up against American International College.

"I'm looking forward to having to play against the tough competition the conference has to offer. We are excited to get this season started," said Serina.

### VOLLEYBALL

The volleyball team started their season with a trip to California last week. Welcoming seven new faces to the court, the Panthers look to capitalize and notch another NCAA berth in the 2017 season.

"When I think about this upcoming season, I can't help but be extremely excited," said sophomore Katarina Warburton. "We have worked exceptionally hard to build our team culture to be based upon hard work and being part of a family, and the incoming freshmen most definitely display a desire to be a part of that."

In their first contest of the season, the Brown and Gold were defeated by Fresno Pacific University in four sets, losing one to three. Junior McKenna Clawson led the team with eight kills, while junior Madison Canestrari led the team's blocks with nine. Sole senior Megan Manierski led the Panthers in assists with 20, and Warburton led the Brown and Gold in digs with 25.

The following match featured the Panthers versus Cal State San Marcos, in another loss, zero to three. Sophomore Katie Barry led the team in assists with 14, while Warburton led with 13 digs.

In their third of four games out west, the Panthers completed five sets, but fell short to Saint Martin's University in a close 2-3 game. The leaders for Adelphi

were, freshman Victoria Cast with 16 kills, Manierski with 32 assists and Warburton with 39 digs.

In their final contest, St. Cloud State University swept Adelphi in a three set match, zero to three. Clawson lead in kills with 10, Manierski for assists with 14 and Warburton in 14 kills.

"Of course being that we now have a young team with a large freshmen presence on the court, it will take time to develop, but I think we have a great championship team in the making, and I can't wait to start the season," said Warburton.

The Panthers returned to the court on Friday, Sept. 8 in Wilmington, DE, for the East Regional Invitational. There, they competed in four games. The Brown and Gold will start their conference play on Saturday, Sept. 16 at the College of Saint Rose in Albany.

### CROSS COUNTRY

The cross-country team hosted their first ever home meet to open up the 2017 season at Bethpage State Park. With a second place finish for both the men and the women's team, the Panthers found success in their opening race.

"This year is going to be interesting," said junior Michael Grady. "We're definitely the underdog in the region and after the first meet of the season, we're ready to surprise people this season."

Four Panthers finished in the top 10 in their respective events, including sophomore Nicole Julian, juniors Catherine Olsen, Grady and Gerard Connelly.

"We started off our first race this season with people running faster times than they ever could before, despite all of their setbacks," said Julian. "If we keep up the same level of energy and intensity that we have now and stay strong as a team, I think we are going to go places."

The Brown and Gold will travel to the UMass Dartmouth Invite on Saturday, Sept. 16 for their next meet.



Men's and women's cross country teams at their home open meet last week.

Photo provided by Adelphi Athletics

**ADELPHI UNIVERSITY**

**PERFORMING ARTS CENTER**

**10<sup>TH</sup>**  
ANNIVERSARY

FALL 2017

# COMING SOON

## GUEST ARTISTS

### RENT IN CONCERT

Saturday, September 16 • 7:00 p.m.  
Sunday, September 17 • 2:00 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$15/ \$10

### LARSON LEGACY CONCERT: MICHAEL R. JACKSON

Sunday, September 24 • 3:00 p.m.  
Olmsted Theatre  
Adelphi Student Tickets: \$5

### JOURNEY WEST

Friday, September 29 • 7:30 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$5

### WINDSYNC

Friday, October 20 • 7:30 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$5

### AN AFTERNOON WITH BRUCE HORNSBY

Sunday, October 22 • 3:00 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$15/ \$10

### LUCIE ARNAZ

Saturday, November 11 • 2:00 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$15/ \$10

### THEATREWORKS USA PRESENTS

### CLICK, CLACK, MOO

Saturday, November 18 • 2:00 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$5

### TRIO SOLISTI

Saturday, November 18 • 8:00 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$5

### SWING'N THE HOLIDAYS WITH THE JIVE ACES

Sunday, December 10 • 3:00 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$15/ \$10

## MUSIC

### DEPARTMENT OF MUSIC ALUMNI CONCERT

Saturday, September 23 • 4:00 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$5

### ADELPHI'S BEST OF BROADWAY

Saturday, October 14 • 2:00PM  
Sunday, October 15 • 4:00PM  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$5

### ADELPHI SYMPHONY ORCHESTRA

Friday, October 27 • 7:30 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$5

### ADELPHI OPERA THEATRE

Saturday, December 2 • 4:00 p.m.  
Westermann Stage, Concert Hall  
Free Event

### ADELPHI CONCERT BAND

Tuesday, December 5 • 7:30 p.m.  
Westermann Stage, Concert Hall  
Free Event

### CHAMBER MUSIC ENSEMBLE

Wednesday, December 5 • 7:30 p.m.  
Recital Hall  
Free Event

### ADELPHI JAZZ ENSEMBLE

Friday, December 8 • 7:30 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$5

### ADELPHI CHORALE AND ADELPHI VOCAL ENSEMBLE: HOLIDAY CELEBRATION

Saturday, December 9 • 7:30 p.m.  
Westermann Stage, Concert Hall  
Adelphi Student Tickets: \$5

### ADELPHI WORLD MUSIC ENSEMBLE

Monday, December 11 • 5:00 p.m.  
Recital Hall  
Free Event

### ADELPHI HOLIDAY SHOWCASE

Friday, December 15 • 7:30 p.m.  
Westermann Stage, Concert Hall  
Free Event

## THEATRE

### SILENT SKY

October 3 - 8 • Various times  
Black Box Theatre  
Adelphi Student Tickets: \$5

### PETER AND THE STARCATCHER

November 7-12 • Various times  
Olmsted Theatre  
Adelphi Student Tickets: \$5

### FIRST-YEAR SHOWCASE

December 7 - 10 • Various times  
Black Box Theatre  
Adelphi Student Tickets: \$5

### A STAGED READING OF A CHRISTMAS CAROL

Saturday, December 16 • 2:00 p.m.  
Olmsted Theatre  
Free Event

## DANCE

### DANCE ADELPHI: ENCOUNTERS

November 29 - December 3  
Various times • Olmsted Theatre  
Adelphi Student Tickets: \$5

### DANCE SHOWCASE

Saturday, December 9  
2:00 p.m. and 7:00 p.m.  
Olmsted Theatre  
Free Event

## FILM

VERDI'S

### UN BALLO IN MASCHERA

Sunday, September 10 • 2:00 p.m.  
Concert Hall Screening  
Adelphi Student Tickets: \$5

MOZART'S *IDOMENEO*

Saturday, October 7 • 2:00 p.m.  
Concert Hall Screening  
Adelphi Student Tickets: \$5

VERDI'S

### LA FORZA DEL DESTINO

Saturday, October 28 • 2:00 p.m.  
Concert Hall Screening  
Adelphi Student Tickets: \$5

GOUNOD'S *FAUST*

Sunday, November 5 • 2:00 p.m.  
Concert Hall Screening  
Adelphi Student Tickets: \$5

DONIZETTI'S *LA FAVORITE*

Sunday, November 19 • 2:00 p.m.  
Concert Hall Screening  
Adelphi Student Tickets: \$5

RIMSKI-KORSAKOV'S  
*LA FILLE DE NEIGE*

Sunday, December 3 • 2:00 p.m.  
Concert Hall Screening  
Adelphi Student Tickets: \$5



### STUDENT RUSH TICKETS

One hour before all performances, including Guest Artists, full-time Adelphi students are eligible to get a Rush ticket at no cost. Arrive prior to the performance with your Adelphi ID, get in the Rush line and receive one remaining unsold ticket. Subject to availability, not available for every performance. Cannot be reserved in advance. Rush tickets will stop being distributed 10 minutes before the start of the show, so get your tickets early.

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Should you, or your guests, require an accommodation based on a disability, or need to request an ASL interpreter, please contact the Student Access Office by phone at 516.877.3806 or email at SAO@adelphi.edu. Please allow for a reasonable time frame prior to the event; we suggest a minimum of five business days.

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