



Class of 2020 Welcomed at Freshmen Orientation



Freshmen pose at Orientation 2016.

Photo provided by the Center for Student Involvement

BY GABRIELLE DEONATH

Every summer, the Center for Student Involvement (CSI) hosts two freshmen orientation sessions as a way to welcome the incoming class and help them transition smoothly into the new phase of their academic career. The two three-day sessions, which took place in July, were attended by 1,084 students. The first session was held July 6-8 and the second July 12-14.

Lauren Purcaro, Associate Director of CSI, said: "It was wonderful to have so many students at orientation this year. Everyone left with knowledge of Adelphi, new friends and excitement for school to begin."

During orientation, students are split into over a dozen groups led by ori-

entation leaders, which are Adelphi upper-classmen who receive training for several days before the start of the orientation sessions.

"The most informative or helpful part of orientation, in the long run, was probably my two orientation leaders in general," said Matthew Schroh, an incoming freshman. "Not only were they there at orientation to answer any and all questions we may have had, but they have made it a point to remain relevant in their group's lives, continuing to answer our questions to the best of their abilities."

In addition to registering for classes and acquiring their school IDs, the students were given various presentations on safety, which could be applied on and off campus, and academic expectations.

Freshman Tiffany Drake said,

"The most informative part of orientation was Public Safety."

Another integral part to the freshmen orientation experience was the activities fair held in the Campus Recreation and Sports building. During the fair, representatives from dozens of campus organizations put up displays to represent their club and attract new members. This emphasized not just the academic side of college, but also the importance of participating socially on campus.

The most popular activities at Freshmen Orientation was Adelphi's Got Talent, in which students from the freshmen class could perform in front of their new classmates, the after party and live entertainment, which included a hypnotist.

"My favorite part of freshman

orientation was the talent show followed by the party in the UC," Schroh said. "It was fun to socialize with fellow incoming freshmen and watch them perform their amazing talents."

"My favorite part was the hypnosis with Chris Jones because it was so different and a lot more fun than all the other lectures," said freshman Mariah Plakas.

Overall, freshmen orientation seemed to have been a success for the class of 2020, from learning about their new home for the next four years to registering for classes and bonding with fellow classmates.

Freshman Deborah Yanez said, "I'm looking forward to immersing myself in my education at Adelphi, as well as learning in such a supportive and friendly community."

A Word from the Editor

Welcome back everyone. I hope you all had an enjoyable, relaxing summer. It never ceases to amaze me how quickly time flies by. May still doesn't seem that far away to me, yet we're already almost two full weeks into the semester. Even though I'm sure many of you might still be on autopilot, let's try to turn our attention towards the future and making it another wonderful year at Adelphi.

The summer brought with it some changes for *The Delphian*. Although we are still disappointed to be starting out without some of graduated seniors, the voids have been filled nicely by their replacements and we're getting back into the swing of things. We are thrilled to be back at it and after being named Best Collegiate Newspaper of 2016, and we're looking forward to another successful year and perhaps a repeat.

We start that quest right away with our first issue, which includes a lot of information about your campus. If you hadn't notice, the large, state-of-the-art building known as the Nexus has opened its doors after three years of construction and much anticipation. Along with the grand opening, we've seen a lot of the university's departments relocating and revitalizing themselves, such as the Center for Career and Professional Development.

I'd also like to take a moment to welcome the first-year students to our campus. We wish you every success from now to graduation and hope you create memories that you'll fondly look back on years later. For those first-time residential students, one of our editors, Jess Cooper, who happens to be a resident student herself, put together an article to help you adjust to on-campus living.

I also wanted to mention we're always looking for writers and graphic designers to assist with *The Delphian's* continued success and most importantly, to ensure we deliver quality writing and reporting to the university's students, faculty and administration. If you'd like to join our staff, but don't know how to go about doing so, please email us at delphian@adelphi.edu. We will be having our first meeting on Monday, Sept. 12 at 2 pm. Our office is located in the Earle Hall's media center, which you can find by entering the primary doors of the resident building and taking the stairs to the lower level.

Thank you to all for your continued support.

-Bryan Grilli
Editor-in-Chief

The Delphian

Editor-in-Chief
Bryan Grilli

News Editor
Gabrielle Deonath

Editorials Editor
Brian Jennings

Features & Entertainment Editor
Jess Cooper & Danielle McDougall

Sports Editor
Fallon McCarthy

Production Artist
Meghan Cody

Staff Writer
Nicoletta Cuccio

Delphian Advisor
Liza N. Burby

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Earle Hall Media Center
One South Avenue
Garden City, NY 11530

HOW TO REACH US
Main Office: 516-877-6935
E-mail: delphian@adelphi.edu

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Letters to the editor must be less than 400 words and include the author's name, as well as affiliation to the college. Letters may be edited for the purposes of space and clarity. Letters should be sent to delphian@adelphi.edu

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Did you want to join our staff last year, but didn't get the chance? Join us on Monday at 2 pm in Earle Hall Student Media Center for our first meeting!

Delphian and Staff Win Press Club Awards



Staff Members and advisor Liza N. Burby received the "Best Collegiate Newspaper Award" at the June PCLI dinner. (L-R: Bryan Grilli, Burby, Jonathan Sclar, Gabrielle Deonath, Jess Cooper, and Danielle McDougall).

Photo provided by the Press Club of Long Island

BY THE DELPHIAN STAFF

Once again *Delphian* staff members had impressive results at the annual Press Club of Long Island Media Awards Dinner in June, including best newspaper and two awards in the best college reporter category. Here's what they earned:

First Place: Best College Newspaper, *The Delphian*, Adelphi University

Second Place: Student College Newspaper Reporter, Bryan Grilli for "Research Day 2015: Building on the Past, Looking to the Future," "Dr. Riordan Officially Joins Adelphi Community" and "Adelphi Initiates Efforts to Combat Drop in Enrollment"

Third Place: Student College Newspaper Reporter, Alexandra Wurglics for "Community Fellows Program Reaches New Heights," "100 Days Listening Tour Comes to Close" and "Community Embraces the Brazil Scientific Mobility Program"

Second Place: Student Narrative-Feature, Danielle McDougall for "Tim Gunn Teaches Adelphi Students to Make it Work"

Second Place: Student Narrative Sports Reporting, Fallon McCarthy for "Local Lacrosse Legacy Continues Success at Adelphi."

Center for Career and Professional Development Gets New Name, New Location

BY BRYAN GRILLI

The beginning of a new semester can provide an opportunity for a fresh start. This certainly applies to students, professors and the administration. With the grand opening of the Nexus building this month, several departments have embraced their relocations and seek to revitalize themselves at the new building, including the Center for Career and Professional Development, one of the original tenants from the early planning of the building.

The Center for Career and Professional Development, formerly known as the Center for Career Development, closed up shop at Post Hall, but now welcomes a new beginning in Nexus 225. Not only was their desire to make positive changes evident through their move, but also through their decision to revise their name, adding professional development to be more inclusive of their overall concerns.

“We saw the name change as an

opportunity provided by the new semester and office,” said Executive Director Thomas J. Ward Jr. “The aim of the change was to highlight some of the other programs and services we have, such as a mentoring and leadership.”

Ward stressed his satisfaction with the new location. “In the original center, we were able to be found by the students that were determined and had the interest to pursue job searches and internships. However, the new location is right at the hub of student life and will elevate our presence and visibility.”

The center views the move to the Nexus as a great opportunity to work closely with many of Adelphi’s student services, such as the Office of Alumni Relations. “We always had a great relationship with them, but we thought the relationship would be even more enhanced and highlighted with the move,” Ward explained. “We’re neighbors with a lot of the student support systems and departments, such as

the writing and learning centers, academic services and alumni relations. We see ourselves as a department that branches academic and student development with work-force readiness and where we’re situated is very symbolic. All our neighbors are connected.”

Ward also explained his delight with the new center because of how it helps enhance the center’s capabilities. “We’re very happy where we are and how professional of a setting it is. We work with employers and when they come on campus. This is such a beautiful and pristine location.”

The center has also done additional restructuring within the office attempting to highlight three major themes: alumni and graduate student relations, employer relations and experiential learning. Alumni and graduate student relations focuses on the expansion of services offered due to the heightening demand from both groups. The theme of employer relations pertains

to the establishing and maintaining of relationships with different employers representing a large variety of fields. Experiential learning, one of the most crucial themes of the center, relates to the Jaggar Community Fellows Program, internships and internship prep seminars, campus employment and welcome back block parties.

With several key factors already in place, the center looks optimistically to the future. “One of the biggest goals we have is to continue building those strategic partnerships both on and off campus,” Ward said.

These specific goals include increasing relations with internship and recruiting partners; reaching out and working closely with the office of alumni relations; and connecting with alums who are working in different industries and could serve as ambassadors for mentoring and recruitment.

Three Tips for Adjusting to Res Life

BY JESS COOPER

The end of August brought a wave of not only sweltering heat, but also busy Panthers looking forward to moving into their home-away-from-home. The campus residence halls are such a great place to meet new people and make connections. For those looking to get the most out of their experience as a member of the resident student community, here are some pointers.

#1: Know your hall.

It helps not only to know the layout of your hall, but also to know what specific services and features are available to you. For instance, Chapman Hall is home to the Green Living-Learning Community, which is centered around encouraging students to learn about and engage with the topic of green sustainable living.

Gender Inclusive Housing (limited amount of spaces available), is a relatively new housing option, which allows anyone of any sex or gender orientation to live together. Each residence hall has something that makes it unique, and it always pays to get informed.

#2: Get to know your RAs and RHD.

The resident assistants (RAs) and the resident hall director (RHD) are responsible for advising and assisting everyone in their building. If you need to address any serious issues you come across, have any questions or concerns, or you just need to talk, the RAs are absolutely there for you.

Mike Fusco has been a resident assistant at Waldo Hall for a full year, and he’s outgoing and enthusiastic about helping the Waldo residents get involved on campus.

“I’d say a good way to get involved is joining Greek life, and clubs. This campus is a lot more fun than it seems, and all you have to do is get in-

olved.”

Residents come to Fusco on the regular with a number of conflicts and concerns, but he assures that he’s always ready to listen. “Lockouts, roommate conflicts, troubles at home, homesickness, problems with school. Really, anything that’s on their minds.”

An RA’s job requires a lot of responsibility and time management, but ultimately, Fusco enjoys it. “I do like the ability to foster a community in the resident hall. That’s definitely one of my favorite parts of the job. I like being that bridge between students meeting other students. And I do like hosting programs, I like being a leader of gatherings and things along those lines as well.”

#3: Appreciate your hall staff.

This tip doesn’t just go for RAs and RHDs. Hall attendants (the lovely tired people who sit at the front desk after 6 pm) are always willing to help. They work until crazy hours of the night to keep the halls safe, and they’re always willing to help out residents. Typically, hall attendants are students who have learned the ways of dorm life, so they know all the tips and tricks. Whether it’s helping to give directions to a spot on campus or helping you get an overnight pass for a guest, hall attendants are around to help you.

The people who keep our halls clean and looking their very best are some of the nicest, friendliest people you can find at Adelphi. They work so hard so we can be proud to call the resident halls ‘home’, the best way to give back is to be respectable and clean up after your own messes. That means doing your best to keep the lounges in good shape, making sure trash goes in the proper receptacles, and avoiding making a mess of public restrooms. It’s the little things, but it all goes a long way in the residence hall community.

UPCOMING EVENTS!

Fall Activities Fair

Monday, September 12

11:30-2 pm

UC Ballroom

AU Is to DYE for

Tuesday, September 13

2-4 pm

Levermore Lawn

Pinterest Party

Tuesday, September 13

7-9 pm

UC Ballroom

Reel Justice: *Latinos Beyond Reel*

Thursday, September 15

6:30-9:30 pm

University Center, Room 313

Project Semicolon Awareness and Pledge

Friday, September 16

11 am-3 pm

UC Lobby



Adelphi's new Nexus Building on South Avenue

Photo provided by Gus Cantavero

Nexus Building Is Now Officially Open

BY DANIELLE MCDUGALL

After three years of construction, the Nexus Building opened its doors this month. It is fully operational and Leadership in Energy and Environmental Design (LEED) certification-bound as it was built according to resource efficient guidelines. It now houses the Office of Academic Services and Retention, the Division of Student Affairs, the Mentoring Program, the Learning and Writing Center, Office of University Admissions and Center for Career and Professional Development, as well as Paws Cafe and other services. It is also the home of the College of Nursing and Public Health.

According to the Office of Public Affairs, the open collaborative work spaces will foster student-to-student and student-to-faculty collaboration to enhance the learning experience. In addition, this will create a neighborhood linking our premier academic building with Swirbul Library. The state-of-the-art classrooms will transform instruction and provide world-class training facilities for our students.

The services set to be offered by this building vary from space for the entirety of Adelphi's College of Nursing and Public Health, to student support facilities, to a sprawling parking lot to further alleviate the woes of Adelphi's commuter base and much more.

The Office of Public Affairs said that the challenge in planning out and constructing this building was to ensure they brought online a facility that represents the richness and quality of the academic expe-

rience. The Nexus Building was an opportunity to put the needs and expectations of students first.

If one thing about what exists of the building has caught students' eyes, it may be its sleek, transparent design. Terry Steelman, principal of Ballinger's, the architectural company for which Steelman designs, said the Nexus Building is intended to bring together Adelphi University's academic mission with its outreach to the community, alumnae and prospective students.

"The architectural concept is to embrace the potential for this building to serve as that nexus which draws together a set of diverse influences," he said. "The new building is designed to respect the frontal presence of the classical Levermore Hall by pulling away and creating an open entry threshold to the campus from the north. The new building purposefully embraces the modern Swirbul Library in a manner that elevates the library's modest scale and presence on campus."

Steelman added that the transparent design creates a strong visual link through the Nexus Building and the surrounding intimate garden space to bind them together as one. "The focus of all of the internal energy is concentrated on the corner overlooking the main campus quad where the special presentation room levitates over the campus as a symbolic expression of Adelphi University's open, inviting and engaging character as well as the institution's lofty aspirations."



Interior of the Nexus Building

Photo provided by Meghan Cody

A Summer of Experiential Learning and Self-Growth

Featuring the Jaggar's Community Fellows Program

BY BRYAN GRILLI

An internship is one of the best professional experiences an undergrad student can have and quite often pays dividends well after the final workday. It allows students the opportunity to grow as professional people and experiment with different fields before graduation comes around.

"Internships are crucial to undergraduate students because they want to be able to see what they like and don't like. They want to be able to bridge what they're learning in the classroom into a working environment," said Executive Director Thomas J. Ward, Jr. of the Center for Career and Professional Development. It's also an opportunity to network and meet people in their chosen field of study.

At Adelphi, the administration understands just how important internships really are and it's the reason why they launched the Community Fellows Program in 2010. It was renamed the Jaggar Community Fellows Program after a generous donation by Trustee Angela Jaggar '65 and her husband, Scott, to ensure the continuation of the program. The program provides students with a paid, summer internship with a non-for-profit organization.

Ward said: "One of the major points of the Jaggar Community Fellows Program is to give students the opportunity to discover themselves and find out what happens in the non-for-profit sector. It's an opportunity for students to serve their communities and give back while discovering their own unique talents and competencies."

The program offers high quality, unique opportunities across all disciplines including education, environmental science, nursing, social justice and many others. Georgia Linaris, a senior music major, and Emily Elefante, a senior English major, were among the 2016 participants being placed at the Rural and Migrant Ministry and Women's Fund respectively.

The Delphian spoke with them about their experiences and what they took away this summer.

The Delphian: What were some of the challenges the internship presented to you?

Georgia Linaris: Definitely keeping up with all the tasks coming my way, but fortunately, by remaining organized, I was able to complete projects on or before the deadline.

Emily Elefante: I had to change the way I approach tasks while I was at my internship. As an English major, I'm used to writing essays and analyzing texts, but my internship was based in marketing and communications, so I had to really tap into my creative side. I had to learn to use design software, which was challenging at first, but rewarding once I got the hang of it.

The Delphian: How do you feel the internship helped you develop personally and professionally?

Linaris: This internship certainly



Students of the Community Fellows Program
Photo provided by the Center for Career and Professional Development

did help me develop in both ways. I worked as a public relations and development intern and gained knowledge of injustices faced by farm workers, such as how they are excluded from basic labor rights. This experience helped me develop personally because I became passionate about fighting for justice and was able to meet farm workers and advocates. Professionally, I took on tasks that were new to me and came back with several new skills that I will apply to my work in the future.

Elefante: My internship helped me further explore the area of communications, which I have decided to pursue. I had already worked in the Office of Public Affairs at Adelphi, but this internship allowed me to experience what a professional environment feels like in a non-for-profit world outside of Adelphi.

The Delphian: Why would you recommend the program to other students?
Linaris: I would recommend this program to prospective students because non-profit organizations do incredible work and you can be a part of it. You can lend your skills in order to promote change. This experience is so valuable because students have hands-on experience within their organizations and can make connections with individuals in their desired fields.

Elefante: I would recommend this program because it not only provides them with professional experience, but



Emily Elefante of the Women's Fund
Photo provided by Emily Elefante

also a chance to give back to the community by working for organizations with incredible missions and visions. It motivated me getting to see my organization make a difference every single day. Any student with the desire to use their skills in order to make a positive impact on the lives of others should absolutely look into the program.

The Delphian: Did the environment allow for you to be able to voice your own opinions and offer suggestions?

Linaris: Throughout my experience, I had a lot of freedom to voice my opinions and offer suggestions that were eventually put into place.

Elefante: The environment I was in valued my opinions and encouraged me to voice my ideas. I was fortunate that many of the people were very receptive and it helped me grow in confidence and reach my potential.

The Delphian: Do you think the Career Center succeeded with your pairing, preparing you and guiding you through the program?

Linaris: I do think the center did a great job. Thanks to the liaisons, students were able to reach out to them for help and update them on their projects.

Elefante: They did a fantastic job. They really took the time to get to know me as a person, which enabled them to place me somewhere I felt I could make a difference. They also took the time to inform us about the non-profit world and address any questions and concerns we had about our placements.

The Jaggar Community Fellows Program application process doesn't open for next year until the spring semester, but Ward stressed it's never too early to start preparing and planning ahead. "Students who are interested should come see us and we will walk them through the process. It's never too late to have those initial discussions."

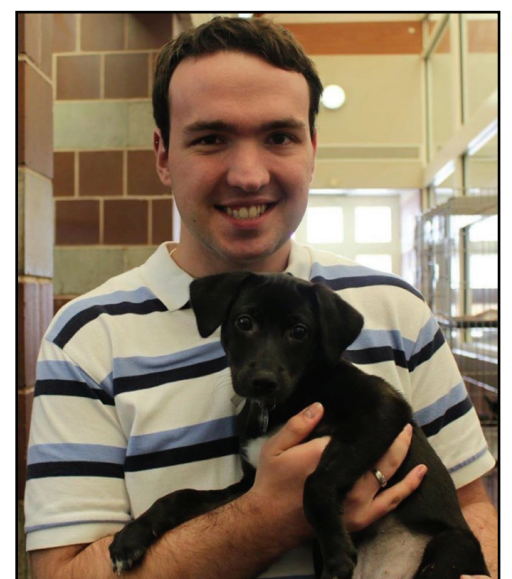
For additional information about the application process, visit: <http://career-center.adelphi.edu/students/employment-opportunities/internships/community-fellows-program/>

Internship Pairs Potential Pets and Instagram

I was also fortunate enough to take part in the program and can personally speak to how rewarding of an experience it truly was. I was placed at North Shore Animal League America as a communications intern and had an amazing time working with dedicated, devoted people and of course, adorable animals. I was fortunate to also work in an environment where I felt encouraged to share ideas. I learned a lot of valuable skills that I know will be applicable to any kind of job I decide to pursue in the future, especially ones pertaining to public relations or social media.

As per a requirement for the program, I put together a capstone research project of sorts to present at the debriefing session. My project was based on a month's worth of Instagram posts, which I drew analytics from and placed in a Microsoft Word Excel sheet paying close attention to what kinds of pictures enjoyed the most success. By the time I was finished putting together the sheet, I was overjoyed to find out my social media supervisor wanted to include it in her board report to some of the higher ups of the organization. The sense of support I derived from experiences like that helped me to grow personally and professionally.

Perhaps the most rewarding aspect of the program for me was being able to visibly make a difference. Two of the key objectives of North Shore are to get their animals adopted and raise money through donations. As a communications intern, part of my job was to take pictures of animals for social media and write animal bios that were sent to different online and print publications. It was always such a satisfying feeling when an animal we were actively campaigning for would get a difference, especially knowing I was a part of it.



Bryan Grilli poses with one of the subjects of his summer internship.

Photo provided by Bryan Grilli

Views From a Truly Troubled, Yet Potentially Promising Generation

BY BRIAN JENNINGS

My fellow students,

I cannot help but wonder who will be the individuals among the sea of faces I see from wall to wall? Who among you treads water deep within the prophecy of purpose? Which of you dangerously labeled “young people,” dares to stare deep into the eyes of your greatest convictions, fearlessly accepting whatever disillusionment they may cause in return for all your brazen ideals?

We did not actively choose this moment in space and time to develop and nurture our idiosyncrasies into passions. At times it can feel as though we’ve been carelessly dispensed into a chaotic world by just another generation of kids who had the misguided fortune of becoming adults. This group of older kids will do just as the seniors do to the freshmen. Every action and every word they craft will have a defining influence on what the younger class believes they can or cannot do.

Intentionally or not, the adults running the world today believe in large majority that they are the class that has the world figured out down to a science, while us kids continue to be dangerously naive and quite likely, as they like to say, “the generation bound to end it all.” That

person is likely to tell you that happiness lies at the end of a cul-de-sac and a six-figure salary. Be careful never to believe a person arrogant enough to believe his path should be yours. Most are business soldiers deployed to find ways in exploiting our system. After all, what have they done to teach their youth of sound money management, logical politics or reasonable human interaction?

“I find it simply impossible to despair. Despite my best judgment, I believe in the strength and integrity of my generation.”

That last bit is perhaps the most perilous of all. Every generation shares in its burden of technology abuse, yet few if any can offer a precedent for the world in which we must navigate today. Similar to the drug and counter-culture of the late 1960s, we too may be doomed by our allegiances to pocket-sized super computers that offer such a surrealistic escape, yet promise to rob us of everything we’re likely to need in order to survive once we make it to the other side of this rainbow of young-adulthood.

How are we ever to understand the true nature of political correctness if the battles over right versus wrong take place on a Facebook wall or Twitter

stream? How are we ever to understand the true nature of beauty and the artistic reality of self-expression if we constantly morph and edit our means of creativity into flawlessly fake Instagram posts only to value them based on the amount of thoughtless approval they receive?

Most importantly, how are we ever expected to persevere as individuals when the entire world is so interconnected in some far-out cyberspace coffee shop filled with gossip, trends and status symbols? Leaving school should be a blessing for all young adults as it serves as a release from the cauldron of popularity, yet we are not only surrounded by it, we are suffocated by it.

We are the generation drowning in debt, text messages and irrelevant information. Even people like me, the once esteemed writing class, are now in danger of being completely swallowed by the beast of online content and the crippling reality that in a market with little to no demand for 21-year-old mouthy editors, I’d be lucky to become a self-sufficient, debt-free adult by the time most of our parents were married with two children.

Despite my general loathing and worry over the current day-to-day situation we’re being forced to navigate in 2016, I find it simply impossible to despair. Despite my best judgment, I believe in the strength and integrity of

my generation. I believe that we’re one of the hungry ones, just like the great revolutionary generations come and gone and immortalized on VH1 and the History Channel. I see a generation of loud mouths and grinders and cocky Americans unwilling to live in anything other than the greatest country in the world. I feel proud to be one of you, even if I have trouble understanding what it is we’re supposed to be fighting for.

So I ask you whether you be an incoming freshman, a graduating senior or a 20-year professor, to take heed of your place in the here and now. Celebrate your genius; brag about it. Live every day exactly as the person you are and seek what your heroes sought. Your effort will be rewarded. The battle to make a name for yourself is the greatest you will ever fight, but to win is to reap the rewards of the only heaven we mortal men can possibly comprehend: a happy life.

Your Editorial Editor,
Brian (C) Jennings

“Live every day exactly as the person you are and seek what your heroes sought.”

Make America Decent Again

BY BRIAN JENNINGS



Presidential nominee Donald Trump
Photo provided by fortune.com

Donald Trump represents the deepest possible perversion of the American dream. He stands as a figurehead for all the rancid, filthy ideals that have corrupted our people into believing that salvation lies in a dollar and that confidence can be bought and sold at the price of intelligence and decency. He is a gold-plated symbol of shallow dreams and a puny excuse of a man. He lacks the total capacity for conviction and has become, in this campaign, a totally preposterous caricature of himself and everything he claims to represent and speak for.

It seems as if Trump’s main goal in this campaign is not to “Make America Great Again,” but to reduce it to a seedy kingdom of fear in which people can simply blame whomever they want for their problems, so long as the rhetoric passes the standard of third grade reasoning. His outlook is simply cowardly and his temperament is that of an eight-grade bully. Trump is in fact so far beyond the minimum standard of politician in any civilized country that he makes the likes of George W. Bush and even the late Toronto Mayor Robert Ford look like elegant states-men. If Abraham Lincoln or Teddy Roosevelt could be reincarnated in 2016 as they were, I have to imagine they would find themselves vomiting in self-pity over what has become of their once noble Republican Party.

It should come as no surprise that this tacky infomercial-style candidate is the modern-day Republican nominee for President. The party has effectively spent the last decade allowing their electorate to radicalize under the ideas perpetuated by often unreliable “news,” networks. To believe that Global Warming is a myth and that Barack Obama is a Muslim is to not only ignore logic, but to be completely insane. Thanks to Fox News, any question posed on a bottom line and then debated by five worried mouths is now a news story. Obviously the base of the Republican electorate was going to throw their tacky trucker hats behind a man who defies reason and

logic. That very aversion to facts has fueled the GOP agenda for decades.

Diabolical brutes like Ronald Reagan, the Bush’s, Dick Cheney and Mitch McConnell have spent the better part of the last 30 years carrying on the crooked, two-bit legacy of Richard Nixon by feasting on the fear of the American people in exchange for votes. For years the Re-publican argument has been for lack of government invasion in the personal life, but all the time they’ve been lying through their teeth. Mass incarceration, minority shaming, invasionist wars and trickle-down economics have been incredibly destructive to the American Dream and to the world at large. All these policies serve is to keep those who are already marginalized further in the mud while perpetuating stereotypes, hatred and greed.

There is no reasonable argument to be made at this point in history, or at any point, to put such a wicked looter in the White House. There’s no point in shaming such a beast, but to his supporters, it begs the question why? Why fall so steadfastly in line with a cheap brand candidate more concerned with his opponents than his own ideas? It’s easy to understand the crookedness of Hillary Clinton, but is that really what we need to fear? The only crime Clinton is truly guilty of is trying to be infallible and mocking the hand of righteousness when it tells her she isn’t. This could describe nearly anybody who’s ever run for such a

high office; this isn’t a game for children, after all.

People may bemoan that her emails were the reason for loss of American life, and I have to admit I question her judgment on many issues. However, it’s nearly impossible to reason that she will put us in more danger and cause us more international embarrassment than a man who’s been outwardly discriminatory towards other races, religions, sexes and people with disabilities. He’s a man who campaigns with the temperament of a cornered animal. How can we reasonably expect him to govern? This is a thug who cares far more about his own legacy and status than the best interest of the American people. I hold him with such contempt that I almost wish to see him win the office just to watch him drown in his own incompetent hubris.

Trump is a shameful boil on the backside of America and doesn’t deserve the clothes on his back let alone your vote. He is the most important warning sign for what happens when politics are left only to the people who care about politics. Years of public apathy regarding insider politics have led us down a dark and seedy road towards oblivion, but now is not the time to double down on such skepticism. Trump’s latest campaign slogan seems to be, “what do you have to lose?” In his hands, it would seem as if freedom, liberty, security and pride would all be on the line.

Brown and Gold Fall Season Kicks Off With New Players and Strong Records

BY NICOLETTA CUCCIO

School is back in full swing, and so are Adelphi athletics. The Brown and Gold's fall teams are just finishing up preseason and heading into conference play. With high expectations for their respective seasons ahead, the field hockey, men's soccer, women's soccer and volleyball teams are ready to take on the NE-10. All four squads look to return to their respective NCAA tournaments and navigate their ways to a conference championship.

Women's Soccer

Coming off an extremely successful 2015-'16 season, winning an NE-10 championship and having an NCAA run, the women's soccer team is back and ready to compete.

With an overall record of 18-3-2, 12-0-2 in conference play and 11-0-1 home record, the team is scheduled with yet another strenuous schedule, matched up this week against 2-0 Bridgeport University, who ended their season last year. The Brown and Gold have welcomed 11 new faces to their program. These include

transfer Chase Burke, and freshmen Delaney Dayoan, Cady Houghton, Taylor Iacono, Kerianne Scorce, Sydney Small, Sabrina Blaskovic, Amanda Rainey, Erica Bleimeyer, Danniella Fusaro and Dominique Sarcona. Last week the team opened their season with a dominating 9-0 win over Bloomfield University. Returning a plethora of experienced players including Tori Antonino, Laura Gomez and Jeanine Nunez, the team will continue to work towards their season goal of the NCAA final four.

Men's Soccer

The men's soccer team, 13-5-3 overall and 9-2-2 in conference play last year, look to better that finish this year. There are six freshmen Panthers: Enzo Nalis, Aidan Keenan, Blendi Shala, Nickolas Buric, Matt Apicella and Taylor Kaczynski. One in particular, Kaczynski, has started to prove that he belongs on the field with the returning veterans.

The team lost a tough home opener to island rivals LIU Post, 2-1, who since Aug. 2, 2016 has been ranked ninth in the NCAA rankings. Coming off the tough loss, the Panthers bounced back quickly two days later with a 2-0

win over Dominican College. The team is back in action this Saturday, Sept. 10 at 7 pm here at Motamed Field.

Field Hockey

The AU field hockey team finished their 2015 season with an overall record of 14-6 and 10-2 in the conference. The Brown and Gold ended their regular season off strong, winning the last five out of six games to send them into post-season. Unfortunately, the Panthers lost two one-goal games to end their season.

The team has welcomed six freshmen to their squad: Marisa McLeod, Deirdre McIntyre, Elissa Frein, Katelyn Zaneski, Danielle Powers and Bridget Geyer along with two transfers, Madison Skelton and Justine DeLuca. Starting off their 2016 season, the Brown and Gold lost their home opener 5-1 against non-conference rival, Bloomsburg University. The Panthers were back in action on the road on Sept. 7 against Pace University. After a week of road games, AUFH will return home to Motamed Field on

Tuesday, Sept. 13 to play Southern New Hampshire.

Volleyball

Most would consider the Women's volleyball team's previous 2015-'16 season an extreme success, having an overall record of 27-5 and an uncontested 14-0 conference record.

Throughout the season, the team went on two different five-game winning streaks, which lead them to a conference championship and a deep run in the regional tournament, winning the first game, but falling short in game two which lead to the ending of their season.

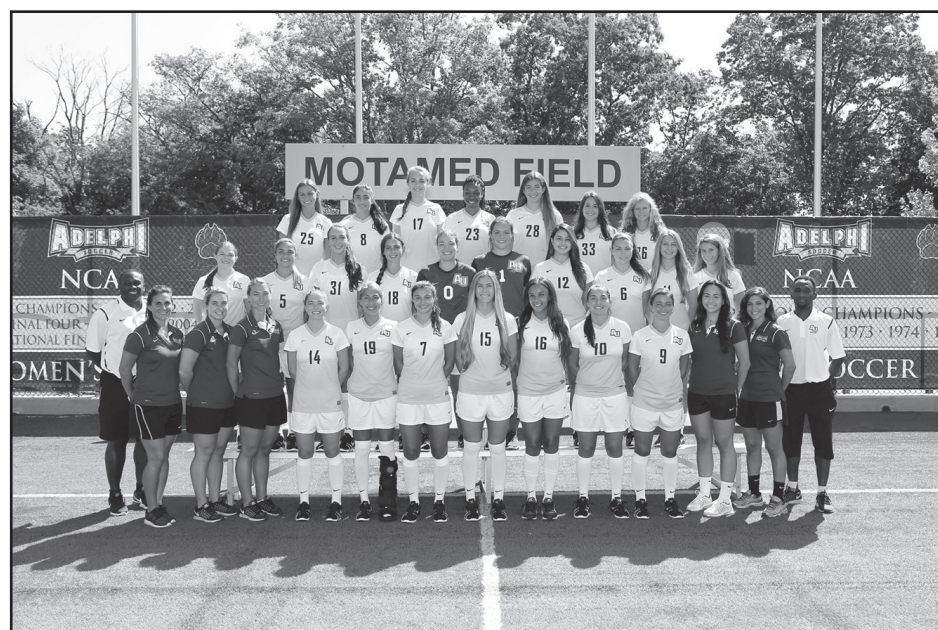
The Panthers are ranked number one in the NCAA East Region rankings. The team recently returned from Florida where they participated in the NOVA Southeastern tournament. Matched up against tough competition, the team won their first game 3-1 and then lost their next three, 1-3, 0-3, 2-3. The team will travel to Pennsylvania today to compete in the California (PA.) Tournament.



WOMEN'S FIELD HOCKEY



WOMEN'S VOLLEYBALL



WOMEN'S SOCCER



MEN'S SOCCER

COMING SOON!

16-17
SEASON

GUEST ARTISTS



**DISCO INFERNO:
A '70S CELEBRATION**
Friday, September 16 • 7:30 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$10

**LARSON LEGACY CONCERT:
SAM SALMOND**
Sunday, September 25 • 3:00 p.m.
Olmsted Theatre
Adelphi Student Tickets: \$5

CROSSROADS QUARTET
Saturday, October 1 • 4:00 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$5

**JUNIE B.'S ESSENTIAL
SURVIVAL GUIDE TO SCHOOL**
Sunday, October 2 • 3:00 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$5

AMERICAN BRASS QUINTET
Saturday, October 8 • 8:00 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$5

CHIARA STRING QUARTET
Friday, October 28 • 7:30 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$5

THE OKEE DOKEE BROTHERS
Saturday, November 5 • 2:00 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$5

**JARROD SPECTOR AND KELLI BARRETT
THIS IS DEDICATED: MUSIC'S
GREATEST MARRIAGES**
Friday, November 18 • 7:30 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$10

TRIO SOLISTI
Saturday, November 19 • 8:00 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$5

A CELTIC TENORS CHRISTMAS
Friday, December 16 • 8:00 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$10

**ADELPHI'S BEST
OF BROADWAY**
Saturday, October 15 • 8:00 p.m.
Sunday, October 16 • 4:00 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$5

**ADELPHI SYMPHONY
ORCHESTRA**
Thursday, November 3 • 8:00 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$5

STUDENT RECITALS
Wednesday, October 5 • 1:00 p.m.
Wednesday, November 9 • 1:00 p.m.
Recital Hall
Free Event

MUSIC

ADELPHI OPERA THEATRE
Saturday, December 3 • 8:00 p.m.
Westermann Stage, Concert Hall
Free Event

ADELPHI CONCERT BAND
Tuesday, December 6 • 7:30 p.m.
Westermann Stage, Concert Hall
Free Event

**ADELPHI CHAMBER
ENSEMBLE**
Wednesday, December 7 • 7:30 p.m.
Westermann Stage, Concert Hall
Free Event

ADELPHI JAZZ ENSEMBLE
Friday, December 9 • 7:30 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$5

**ADELPHI CHORALE AND
ADELPHI VOCAL ENSEMBLE:
HOLIDAY CELEBRATION**
Sunday, December 11 • 4:00 p.m.
Westermann Stage, Concert Hall
Adelphi Student Tickets: \$5

WORLD MUSIC ENSEMBLE
Monday, December 12 • 5:00 p.m.
Recital Hall
Free Event

**ADELPHI FLUTE ENSEMBLE AND
ADELPHI GUITAR ENSEMBLE**
Monday, December 12 • 7:30 p.m.
Recital Hall
Free Event

THEATRE

**CIRCLE MIRROR
TRANSFORMATION**
October 4-9 • Various times
Black Box Theatre
Adelphi Student Tickets: \$5

*The Persecution and
Assassination of Jean-Paul
MARAT as Performed by
the Inmates of the Asylum
of Charenton Under the
Direction of the Marquis
de SADE*
November 8-13 • Various times
Olmsted Theatre
Adelphi Student Tickets: \$5

FRESHMAN SHOWCASE
December 8-11 • Various times
Black Box Theatre
Adelphi Student Tickets: \$5

**A STAGED READING OF
A CHRISTMAS CAROL**
Saturday, December 17 • 2:00 p.m.
Olmsted Theatre
Free Event



FILM

**GIACOMO PUCCINI'S
TURANDOT**
Sunday, September 11 • 2:00 p.m.
Concert Hall Screening
Adelphi Student Tickets: \$5

**GIUSEPPE VERDI'S
RIGOLETTO**
Saturday, September 24 • 2:00 p.m.
Concert Hall Screening
Adelphi Student Tickets: \$5

**SERGE DIAGHILEV'S
LES BALLETS RUSSES**
Sunday, October 9 • 2:00 p.m.
Concert Hall Screening
Adelphi Student Tickets: \$5

**GIUSEPPE VERDI'S
LA TRAVIATA**
Saturday, October 22 • 2:00 p.m.
Concert Hall Screening
Adelphi Student Tickets: \$5

**GIUSEPPE VERDI'S
IL TROVATORE**
Sunday, October 30 • 2:00 p.m.
Concert Hall Screening
Adelphi Student Tickets: \$5

**AMBROISE THOMAS'
HAMLET**
Saturday, November 12 • 2:00 p.m.
Concert Hall Screening
Adelphi Student Tickets: \$5



DANCE

**FALL DANCE ADELPHI:
ASZURE BARTON**
November 30 - December 4
Various times • Olmsted Theatre
Adelphi Student Tickets: \$5

DANCE SHOWCASE
Saturday, December 10 • 2:00 p.m.
and 7:00 p.m.
Dance Theatre
Free Event

STUDENT RUSH TICKETS

One hour before all performances, including Guest Artists, full-time Adelphi students are eligible to get a Rush ticket at no cost. Arrive prior to the performance with your Adelphi ID, get in the Rush line and receive one remaining unsold ticket. Subject to availability, not available for every performance. Cannot be reserved in advance. Rush tickets will stop being distributed 10 minutes before the start of the show, so get your tickets early.

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