

The Delphian

November 11, 2019

The Voice of the Students

Volume 75, Issue

University Welcomes New Vice President of Student Affairs

BY VICTORIA GRINTHAL

Starting on December 3, the role of Vice President of Student Affairs will be held by a fresh face on Adelphi's campus. Ronald Sentwali Bakari, PhD, has been named as the leader of many aspects of student life at our university. With high praise from our own President Christine M. Riordan, Bakari's expertise and experience is a welcome addition to our community.

Bakari earned his doctorate at the University of Northern Colorado and is also an alumnus of the University of Wisconsin-La Crosse. Before becoming a Panther, Bakari was vice chancellor for student success at the University of Colorado Colorado Springs. Since Bakari is moving from Colorado to New York to assume his new role, *The Delphian* asked him a few questions about the move, how he sees Adelphi and anything that he would like people to know about him.

Given your experience in working with universities and students, what do you want to do to help improve student life at Adelphi?

I want to enhance the exceptional work that is already being done by the Student Affairs team, which is to support students' persistence and a sense of engagement and belonging. Research continues to inform us that the more students are engaged with their institution,



Ronald Sentwali Bakari, PhD,
newly elected VP of Student Affairs

the more their chances of being academically successful will improve.

I believe my background and experiences will contribute to what's already being done and help advance the overall outcomes and strategic priorities of the university and Student Affairs. Moreover, I look forward to being a strong partner with students, faculty and academic leadership to strengthen our students' academic success and career aspirations.

What drew you to work at Adelphi University? What is unique about our school compared to others you've worked for or learned from?

I've always enjoyed working at a private university and believe the experiences for students at Adelphi can be more

personal and focused with the support of faculty and staff during their first year. Adelphi has a terrific academic and professional reputation and I'm excited to be joining an amazing academic community. Our student demographics with respect to ethnic diversity, international, commuter, first-generation, is inspiring.

How is the move from Colorado to New York and does the change in location alter any aspect of how you plan to represent our student population?

I did notice on my first visit that I could breathe better as a result of being at sea level as opposed to being over a mile in the air in Colorado. I'm thrilled about the opportunity to engage with students to learn and understand what is important to them and how I can help them be academically and professionally successful.

Is there anything you would like to initiate at Adelphi that you think would benefit us?

My goal from the outset is to listen, learn and understand the campus culture and work strategically to support President Riordan, Executive Leadership, the Student Affairs team, students, faculty and senior administrators. It's exciting to work in partnership with campus colleagues to advance our strengths and opportunities to achieve the goals in our Momentum strategic plan.

How do you plan to interact

with students as you start your leadership position here?

The core of what we do is centered on student success. Our sole purpose at Adelphi is to help students persist, graduate and be academically and professionally successful. I plan to meet with as many students as I can and make myself available and accessible to student leaders, clubs and organizations, and attend student events in an effort to build trust and positive, productive relationships.

One crucial role of the Vice President for Student Affairs is to serve as an ambassador for students. Adelphi students should always view their Vice President for Student Affairs as their ambassador and advocate — someone they can reach out to with issues, concerns and opportunities to collaborate on various learning experiences to help their experience here be the best it can possibly be.

What else do you want the Adelphi community to know about you?

I enjoy photography, outdoor concerts, jazz, Latin music, reggae and theater productions. When I can, I always appreciate the opportunity for international travel to explore and experience other cultures and ways of life. Some of the best learning experiences I've had come from travel and the ability to learn, appreciate and respect the multidimensional ways people live and share the world.

Adelphi Votes Campaign Wants YOU to Place Your Vote Each Election Day

BY JACLYN TRACY



Adelphi is making clear now more than ever their care and encouragement of students taking part in our local and national elections. Not only were Adelphi students given the day off from classes on November 5, Election Day, as a way of showing them how important it is to place their votes, but the Adelphi Votes campaign has also been working hard all semester towards getting students to vote. That includes registering, filling out an absentee ballot application on campus and even providing demonstrations on how to

use the electronic voting machine.

The goal of the Adelphi Votes campaign is in its title: to get the Adelphi community to vote. The description of this program on Adelphi's website reads, "The Adelphi Votes goal is to assist its students and staff with voter registration and absentee ballot applications."

Adelphi Votes works alongside the Nassau County Board of Elections, as well as the League of Women's Voters, to educate the community about critical issues and simplify the registration process with a belief that "once you are informed about the issues at stake in any upcoming election and the impact on your future, you will exercise your right to vote."

Kathleen Watchorn, coordinator of Adelphi Votes, has worked hard towards educating members of the Adelphi community on the importance of voting, whether that be in a classroom setting, in front of the Nexus Building or Swirbul Library.

"When I speak with students, first I stress that voting 'locally,' for their

own town, municipality, county, etc., has the most direct impact on the quality of life for their family and themselves," she said.

Adelphi Votes has held seven open voter registration forums this semester, starting on September 11. These have taken place in the Nexus Building Plaza as well as the Swirbul Library lobby. The Nassau County Board of Elections was present at these forums to give demonstrations of the electronic voting machine, as well as complete New York State (NYS) voter registration forms.

In addition to these forums, there were also presentations and voter registration sessions in different classes and seminars based upon the request of the seminar professor, a private voter registration session at the Bridges to Adelphi program, as well as programs in Earle Hall and Chapman Hall.

Watchorn shared that the four immediate issues of why we should vote in state and federal elections include employment, student loan debt, affordable

health insurance, as well as climate and the environment. Adelphi Votes held its final scheduled voter registration presentation to a seminar class on October 8, just in time for the deadline for the November 5 general election.

In conclusion of the campaign, in total, 173 New York State voter registrations were completed in addition to 16 registrations from other states, including California, Connecticut, Delaware, Georgia, Hawaii, Minnesota, New Jersey, Pennsylvania, Tennessee and Utah. Furthermore, 10 New York state absentee ballot applications and 14 applications for vote by mail were completed, making a total of 213 forms.

The goal of the campaign is to make sure each student truly knows that their vote counts, regardless of how much people think it may not.

"If anyone questions if their vote really matters, I remind them of the recent Queens District Attorney election where DA [Melinda] Katz won by 14 votes," Watchorn said.

A Word from the Editor

There are some changes happening at Adelphi with a new vice president of student affairs. *The Delphian* wants to formally welcome Dr. Ronald Sentwali Bakai to the Adelphi community. Additionally, we hope that everyone had the chance to get out and vote. Our slogan is “the voice of the students” so we want everyone’s voice to be heard and the Adelphi Votes initiative is a great way to do that. Alumni Relations also held the Women’s Leadership Conference, which was a great opportunity to learn from successful businesswomen.

The Delphian also held its first of four events this semester, the 6th Annual Media Career Expo. We enjoyed speaking with Adelphi alum and hearing about their achievements within the field of communications. Read all about our event in this issue. Recently, another great event that happened on campus was the Q & A with New York Islanders owner Jon Ledecky. Sport management students had the chance to connect with some of the most successful figures in sports. Furthermore, Greek organizations on campus, Pi Lam and AEPi, have been taking the initiative by holding many events for their philanthropies. They have raised money for causes they care about. Now looking back to October and Halloween, SAB held a great event to kick-off the season.

In editorials, there are a variety of topics that we touch upon. There are a few controversial topics within politics and justice with the zero-tolerance policy. But, there are also issues within technology that have been discussed recently.

Basketball season is finally underway and both the men’s and women’s teams are looking to have promising seasons. They kicked off their seasons with the annual pep rally in the Center for Recreation and Sports, Midnight Madness. The fall sports teams are also continuing their success as seen with the field hockey team.

As the semester starts winding down, we hope you enjoy this issue; we already have just one issue left this year! Please let us know if you have any questions, comments or concerns by emailing us at delphian@adelphi.edu. Follow us at @the_Delphian on Instagram and Twitter!

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Volume 75
Issue 4

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Alumni Share Their Job Search Experience at 6th Annual Media Career Expo

BY VICTORIA GRINTHAL

The Sixth Annual Media Career Expo hosted by *The Delphian* and the Department of Communications was held on Wednesday, October 30 in the CRS Campbell Lounges. This open event consisted of a panel hosted by *Delphian* adviser Liza Burby, which featured six panelists who work in communications-related fields and who graduated from Adelphi within the past 10 years. The panelists were able to answer student questions about the job search process in today’s media career environment.

The panel featured Christina Bosch, ’17, managing editor for NYCountrY Swag; Mara Bush, ’14, who produces and edits news stories at ABC Network; Xavier Diaz, ’15, communications specialist at the Alzheimer’s Foundation of America; Rebecca Farina Levine, ’14, a content creator for the media production company Lixi Studios; Katie Lapidus, ’18, a national digital coordinator at iHeart-Media; and Vinny Messana, ’13, owner of the website Axxess Baseball. Together, the panelists and Burby aimed to debunk the

myth that there are no jobs in the communications field and gave advice to the students about finding and maintaining a professional experience.

Burby said that the purpose of this event has always been for current students to hear from professionals who were recently in their position, wondering how they were going to get a job in their field after graduation.

“I think there’s value in learning about the career steps that these alumni took while they were still at Adelphi, like getting internships, as well as what their job search process was,” said Burby. “That’s why I always ask them to tell the students what about their career path surprised them as well as what disappointed them, but that they learned from. Our students need to hear that the search may not be linear, but that all experience is something they can benefit from.”

One of the main things the panel discussed was employment and internships during your college years.

“Internships can be very intimidating,” said Lapidus. “Still, you can’t get discouraged when applying for positions,

and you should be precise in your contacts.”

Diaz added that experience should be acquired as early as possible.

“I only had an internship during my last semester at Adelphi,” said Diaz, who added he wished he had started sooner. “I’d say to find internships early and make time to gain the experience in your desired field.”

The speakers referred to their own experiences in the workforce to advise the students about job applications and searches. Bush recommended that we take advantage of the resources at Adelphi for opportunities.

“Within Adelphi’s pool of interns, it’s very possible to reach out and find professional connections during your studies,” she explained. “No one doesn’t want to help you improve the industry you both are passionate about.”

Bosch further encouraged creating professional relationships.

“Networking is so important,” she explained, “because reaching out to the right people in a professional manner shows drive, ambition and dedication to

the field you want to pursue. These relationships can last for long periods of time and help you experience the professional side of your studies.”

In terms of what companies look for in a candidate for a job or internship, the panelists presented many helpful tips and ideas.

“When I look for interns, I gain interest in passionate and interesting cover letters and contacts,” said Messana, a former *Delphian* sports editor. “A person who expresses interest and knowledge for what they do, as well as experience, is truly ideal for employers.”

The panelists were also quick to advise that while it’s good to be well-rounded and diverse in your profession, you should not completely diverge from your ideal position.

“Don’t lose sight of what you want to do,” said Farina Levine. “A good start is to write down what you want to do on paper and use it to explore opportunities within those passions.”

The Annual Expo not only features successful alumni; it is also a great

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NY Islanders Owner Jon Ledecky Has AU Sport Management Students Saying “Yes! Yes! Yes!”

BY OLIVIA FRANKS

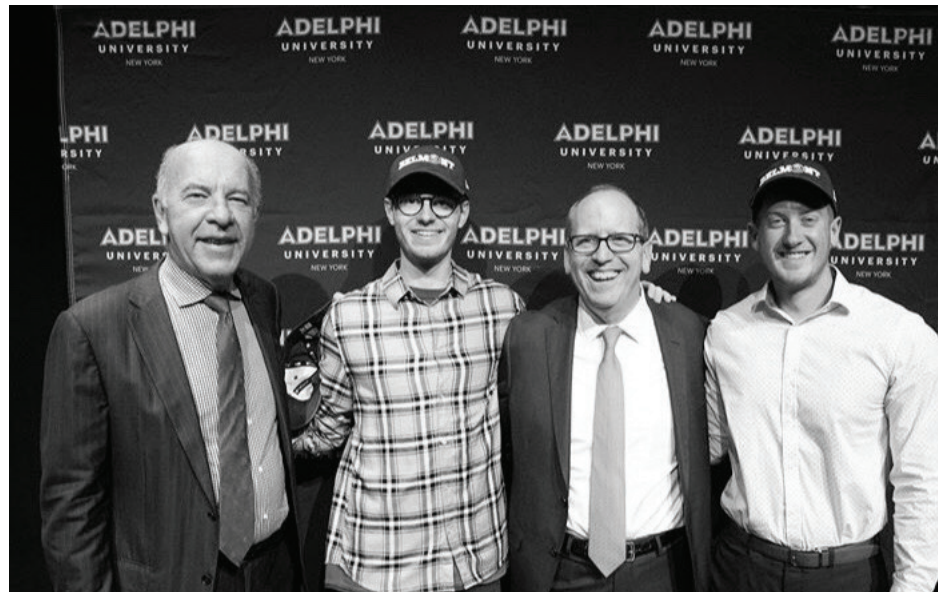
Jon Ledecky grew up trading in bottle caps at a Borden’s Milk plant with his father in exchange for New York Mets tickets. This was the only way he could afford tickets to games. Coincidentally, Al Trautwig did the same with his father at a Coca Cola plant.

Both men discovered this commonality on stage at an event in the Performing Arts Center Concert Hall held by Adelphi’s special events department on Monday, October 21. Over 100 students, faculty and staff gathered to see Trautwig, renowned sports broadcaster and Adelphi adjunct professor, moderate a discussion with the New York Islanders majority owner, Jon Ledecky. Though their careers within sports are very different, their love for sports from a young age showed through during their conversation.

Trautwig, who is also an Adelphi alum, was thrilled for the opportunity to be a part of this event. He said, “I’m very committed to Adelphi. I like being involved in every event I can. I’ve met Jon; I like spending time with him.”

The Adelphi community was able to spend time with him this night as well as attendees received a glimpse into how Ledecky worked his way up to be the majority owner of the New York Islanders Hockey Club. Trautwig received questions in advance from students within the sport management department to ensure the event was geared towards students and could be a learning experience.

The Isles owner was very open to the questions from students and offered advice to all about to how to start out in the industry of sports. Ledecky said, “We are always looking for people to join our



Al Trautwig (left) and Jon Ledecky (second from right) with sports management students Jake Malone and Ryan Easterbrook. Photo from @adelphiu on Instagram

team [at the Islanders].” He wanted to make sure students knew of the opportunities that the Islanders offer just down the road at NYCB Live, home of the Nassau Veterans Memorial Coliseum. At Nassau Coliseum, students can volunteer within the community relations department by selling 50/50 raffle tickets benefitting the Islanders Children’s Foundation.

Ledecky also reflected on his past experiences where he started his career in the finance world. He was even fired from a position, but that did not stop him from persevering. His advice for students was to do the jobs that no one else wants to do and show your employer how enthusiastic you are. He stated that he tried to do this wherever he was, even as a young person starting out.

“My boss did not understand why I was getting so much business at one of my first jobs, but I was staying until eight or nine o’clock [at night] waiting for

potential clients to answer my calls,” he said.

Ledecky’s work ethic is evident, so it makes sense that he went on to start a multi-million-dollar company, U.S. Office Products. Ledecky shared with the audience the bond he had with his roommate at Harvard, Scott Malkin. He told a story about how Malkin had asked him what was the greatest thing that they could do together. Ledecky’s answer? Owning a professional sports team. In October 2014, the pair achieved this goal as the Islanders accepted their bid to become minority owners. They took over as majority owners in 2016. Ledecky has gone above and beyond “owner” status; he has become the face of the New York Islanders organization. He can be seen interacting with fans at games and even riding the Long Island Railroad to talk to them on the way to games at the Barclays Center in Brooklyn.

In most recent news, Ledecky was seen with New York Governor An-

drew Cuomo breaking ground at Belmont Park, the site for the new arena that the New York Islanders will call home in 2021.

When Trautwig asked about Belmont, Ledecky said, “I traveled all over the world to world-class arenas because I wanted to see the best there is to offer. I visited over 100 arenas.”

He was in search of the most innovative technology and state-of-the-art features for Belmont. Ledecky said he was excited for what is to come at Belmont and wants to make a home not only for the players, but the employees as well.

At the conclusion of the event, everyone in attendance went up on stage with Ledecky and Trautwig to participate in the Islander’s signature “Yes! Yes! Yes!” chant that can be heard erupting through the arena at home games after the Islanders score a goal. Following this, there was a reception in the Performing Arts Center Black Box Theatre.

Ledecky attended the reception and said he would stay and talk with every single person. Indeed, he did, speaking with students one-on-one and even offering business cards from the Islanders communications manager. He asked students questions like where they were from and what they wanted to do within the field of sports. He even video chatted with a student’s family member who is a big fan of the Islanders.

With the construction of Belmont and Ledecky’s expertise, the Islanders hope to create permanent roots in Elmont.

Reflecting on his conversation with Ledecky, Trautwig said, “The Islanders will be successful because that is what Ledecky’s life has been. He created something [at Belmont] that many people did not think would happen. He has restored faith in Islanders fans.”

Adelphi’s Women’s Leadership Conference Focuses on Connections

BY NICOLE GARCIA

The Adelphi Women’s Leadership Conference was held on Saturday, Nov. 2 at the Garden City Hotel to give recognition to the careers of graduates and friends of the university and allow attendees to network and develop relationships. Over 200 students, alumni, staff, faculty, panelists and friends of the university were in attendance. This was the third annual conference, co-hosted by Adelphi’s Alumni Relations and the Center for Career for Professional Development.

The conference began with a keynote speaker, Dottie Herman, the CEO of Douglas Elliman Real Estate, who attended Adelphi. She spoke about how through her determination and resilience she navigated her way to reach her career dreams.

The next keynote speaker was Carolyn Quinn ‘87, executive director of Cohen Children’s Medical Center at

Northwell Health. She is an Adelphi alumna who spoke about her path and how she encourages women to go into leadership positions.

“Once you go up the ladder as a female, you owe it to your female colleagues to make sure you are kind, you are mentoring, and you are pulling them up that ladder of success,” she said.

Kate Haughie, senior associate director of Alumni Relations, said, “[Both Dottie and Carolyn] have both had inspiring careers and can speak to two different industries. Both are leaders and true role models for all.”

In between the conference speaker slots, there were three different sessions of panels that attendees could choose to attend. The theme of the conference was Becoming Your Most Powerful Self and panels included “Women and Money Management” and “Becoming A Mindful Leader and Obstacles to Leadership.”

During the event, President Christine M. Riordan said, “I love events

like [Saturday] because it’s a wonderful way for us to network. It’s a wonderful way for us to have safe conversations and a wonderful way for us to connect.”

At the end of the event, there was a professional development exercise led by Cindy Donnelly, chief human resources officer at Adelphi. The exercise explored the leadership styles and how they can affect the way you work and interact with other people. The event concluded with time for networking between attendees and panelists.

Jacqueline Giammarusco, assistant director of Alumni Relations, believes this event is important for the Adelphi community.

“The Women’s Leadership Conference is an opportunity for the entire Adelphi community, including alumni, students, faculty, staff and friends to come together to power up the Panther network,” she said. “This event served as a place where attendees could make meaningful connections, and an opportu-

nity for all to learn from our accomplished panelists and speakers and develop leadership skills that they can take with them throughout their career.”

Yuleidy Baez, a junior at Adelphi, said it was her second time attending the Adelphi Women’s Leadership Conference.

“The Women’s Leadership Conference is one of the best things that Adelphi does,” she said. “It really gives us the opportunity to learn from great workshops and great presenters. To be in a room full of successful women is empowering.”

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The Sisters of AEPHI Go Hard for Their Philanthropy During October

BY JACLYN TRACY

October is breast cancer awareness month, which carries deep meaning to many as breast cancer affects almost everyone. On Adelphi's campus, the sisters of Alpha Epsilon Phi are motivated to raise awareness about the cause.

AEPHI's philanthropy, Sharsheret Breast and Ovarian Cancer, is a Jewish organization that helps women and their families face breast cancer. Throughout the month of October, AEPHI came up with many different ways to raise money while at the same time spread awareness and prevention tips. Statistically, Long Island breast cancer rates are considerably higher than the rest of the nation, so it is especially important to create awareness locally.

To kick off breast cancer awareness month, AEPHI announced a partnership with Guac Shop located in Garden City for \$6 pink burritos all month. For every burrito sold, \$1 was donated to Sharsheret. This quickly caught the attention of the entire Adelphi community, leading to snapchats, Instagram stories and pictures being taken of everyone's pink burritos, igniting a sense of unity on Adelphi's campus in the fight against breast cancer.

Emily Seethaler, a junior nursing major and vice president of philanthropy for AEPHI, was excited for this partnership

because it was the first time the sorority has done this. She said she was touched by how successful it was, adding, "It has been so amazing receiving this tremendous support from a local business and Adelphi alumni Matt Tess, and being able to promote Guac Shop while at the same time do what we love, support our philanthropy in a wide-scale way."

Another major event that AEPHI hosted was AEPHI/PSK Strikeout Breast Cancer. This is an annual softball tournament where participants pay to make a team and play in games against other students. There are also raffles and baked goods sold with all proceeds going to Sharsheret.

According to Seethaler, this is AEPHI's biggest philanthropy event of the year. "Working alongside Kyle Capozziello and senior class president Matt Bustruc was a lovely opportunity to help raise money for a great cause. The three of us, alongside the help of our chapters, were able to raise over \$1,000 for Sharsheret," she said.

While Sharsheret is not Phi Sigma Kappa's philanthropy, being able to be a part of this event alongside AEPHI was a great experience.

"It is always great to be able to dedicate our time and energy to give back, especially at such an important and meaningful event with AEPHI," said Justin



Sisters of AEPHI at their annual "Strikeout Breast Cancer" softball tournament.

Rivera, a junior business management major and brother of Phi Sigma Kappa.

Other events that took place throughout this month included an October 3 "Mean Girls" themed bake sale, a car wash at Applebee's in New Hyde Park, the "Making Strides" Breast Cancer Walk in Central Park, and a breast cancer themed Pink Shabbat along with Chabad Jewish Student Group.

President of Chabad Jewish Student Group and sister of Alpha Epsilon Phi, Talia Sakhaee, said, "Pink Shabbat was a great event in which we were able to connect with both our Jewish roots and our philanthropy. There was a speaker

who informed everyone of precautionary measures as to catching breast cancer early on, as well as delicious food."

At the conclusion of breast cancer awareness month, Seethaler reflected on the experience and looks forward to future events.

"The money we have been able to raise for Sharsheret as well as the support from the Adelphi community has been something indescribable, truly heart-warming and humbling. I can't wait to see how our legacy continues with each coming year, until we no longer have to fight breast cancer."

SAB Kicks Off Halloween

BY MARIA GIOVANNA JUMPER

On Thursday, October 24, the Student Activities Board (SAB) held their annual Halloween Party in the Center for Recreation and Sports (CRS). Traditionally the event has been held in the University Center's Ruth S. Harley Ballroom, but was changed due to the renovation.

"The Halloween party was a success," said Rachel Rossi, SAB president and a junior sociology major. "It was our first time holding the event in the gym and we were still able to have over 300 people come and raise over \$1,500 for Relay for Life. Thank you to everyone who helped make that happen."

Students from all across campus came out dressed up for Halloween. Some organizations even did themed costumes together. For example, the sororities all had a theme for how they dressed up: Delta Phi Epsilon showed off their 1980s workout gear and Delta Delta Delta matched the theme of the event as aliens. Other students went all out for their costumes with some incorporating face paint and props.

The first basketball court in the CRS was transformed into outer space to highlight the theme. The bleachers were covered with a black background that included alien heads and stars. Above the LED tables and the dance floor, there were glowing colorful clouds, light-up balloons and lanterns that acted as Adelphi's very



SAB Halloween: Delta Phi Epsilon Sorority using the 1980s as inspiration at SAB Halloween.

own solar system.

James Haddock, senior economics major and attendee of the event, said, "SAB Halloween was such a fun event. Between the music, decorations and candy it was a great time."

To go with the decorations there were light-up tables, topped with candy and a candy bar on the side. There was also a DJ that got everyone up and dancing by playing a mixture of current songs and throwbacks that everyone loves.

"The party not only filled with students, but also sweet treats, wire sculpture artists, decorations that were out of this world and of course a DJ," said senior political science major Adam Robinson. "It was an interesting change going from the University Center where the event is traditionally held and into the CRS lower level. I'm very much looking forward to see what other major events will look like in the future [without the University Center]."

"We are so happy with how everything went, and we can't wait to make next year bigger and better," said Sarah Carbin, vice president of finance for SAB, and sophomore psychology major.

Overall, the event was very successful on campus and the student body had a great time showing their Halloween spirit.

Raise money for the Islanders Children's Foundation with
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Join us on **Thursday, December 5th from 5:30 pm - 9 pm** at the Islanders game at Nassau Coliseum

After volunteering, watch the third period of the game for free!

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Preach Peace Not Prejudice with Pi Lambda Phi

BY MARIA GIOVANNA JUMPER

Pi Lambda Phi Fraternity held their Elimination of Prejudice (EOP) Week from September 30 to October 4, when they prompted the destruction of prejudice across demographics on campus. Throughout the week the fraternity held many different tables and events in order to get the Adelphi community involved in the fight against prejudice.

Monday, September 30, was the kick-off of EOP week, where the brothers held a “Pump Out Prejudice” table on Flagpole Lawn. At the table, members of the Adelphi community paid a dollar in order to buy a minute of time. During this minute they tried as many push-ups, burpees or sit ups as they could. The brothers took note of those who did the most repetitions of each exercise and rewarded those people with a gift card, having three winners in total.

At the table, Ryan Troy, Pi Lambda Phi brother and junior information systems major, said, “It’s nice to see brothers out and active.”

Thomas Meyers, Pi Lambda Phi brother and senior graphic design major, added, “I’m glad we could raise money for the EOP foundation and that I could get a reminder to do more push-ups.”

Tuesday, October 1 marked “#PostPeace Not Prejudice” in the Center for Recreation and Sport Atrium Lobby. At the table, people could take pictures with Pi Lambda Phi holding up posters advocating for the Elimination of Prejudice (EOP). Those who participated received a follow from the Pi Lambda Phi and a shout-out on their account story on Instagram.

On Wednesday, October 2, the fraternity held one of their most popular events, “Walk a Mile.” At this event,



Brothers of Pi Lambda Phi fraternity at their bake sale supporting EOP. (From left to right: Colton Lake, Sim Natt, Shannon Dawson, Steven Reiser, Lisa Losquadro, Jay Hock).

people would pay a dollar in order to have a brother walk along a predetermined path in high-heeled shoes. The purpose of “Walk a Mile” is to raise money in order to fight domestic abuse.

“Walk a Mile has been my favorite event ever since my initiation into Pi Lambda Phi. It’s an event where we can come together to break gender barriers as well as raise awareness for gender equality and domestic violence,” said Zach Hopkins, senior psychology major and Pi Lambda Phi brother. “It draws people in so that when we start the conversation, we can educate the campus on what domestic violence is and how it isn’t a ‘woman’s issue’ and that is everyone’s issue. All genders and sexual orientations are impacted by domestic violence

because anyone can be the perpetrator or the survivor of domestic violence. And by partnering with the Long Island Coalition Against Domestic Violence, we can bring the resources and information to the campus that are available for survivors on Long Island.”

“Walk A Mile” is a not just recognized by the Adelphi community; it was also recognized by Channel 12 News. A camera-crew came to campus to interview brothers and participants about the event. This has been true in semesters in the past too, with this event gaining attention outside of the university setting.

Jay Hock, also a senior psychology major and brother, said, “Walk A Mile is one of my favorite events and the money raised is for such an amazing organization. As the

Elimination of Prejudice Coordinator for the 2017- ‘18 school year we raised over \$200 for the Long Island Coalition for Domestic Violence all by walking some miles in heels. Walk A Mile is one of our consistent events in every one of our EOP weeks and is something I look forward to at the start of every school year.”

This week was also a chance for their newest members to take part in philanthropy events and fundraising on campus. One of the new members, Sean McGrath, a sophomore accounting major, said, “This was my first ‘Walk a Mile’ and I loved it! It was so much fun, and it was good knowing it was for something very important.”

Among the brothers this is a favorite event. It is not only fun to see them walking in heels it is also great to see members of the Adelphi community supporting such a great organization.

Paul Venturi, a junior biochemistry major and brother, said, “Walk a mile is a fun way for our chapter to make a difference. We always have fun doing this event and we attract so much attention while making fools of ourselves. It’s always a good high point for us to have in the middle of our philanthropy week and I know this event will be around for so many years after this one.”

In the end the brothers made \$113 on this event alone.

On Thursday, October 3, Pi Lambda Phi fraternity had a bake sale in order to continue raising money for EOP.

On the final day, Friday, October 4, senior brother and dance major Shannon Dawson hosted Jazzercise, which was a fun workout class that was on a donation basis. People could come take the class and then decide what they wanted to donate afterwards.

In total Pi Lambda Phi raised over \$200 towards EOP.

Alumni Share Their Job Search Experience

continued from page 2

opportunity for students to attend.

“I encourage students to attend events on campus where there is an opportunity to meet and network with alumni,” said Jacqueline Giammarusco, assistant director of Alumni Affairs. “It is a unique chance to hear first-hand about their Adelphi experience, learn more about various companies and industries, as well as their professional accomplishments. Events such as the Media Career Expo provide an opportunity for Panthers to support each other and learn tips in navigating the job search process. Also, networking and creating connections can potentially open doors to future job or internship opportunities!”

Though this panel focused on communications jobs, it is clear that the skills and points discussed can apply to positions in any field. Adjunct professor Kim Lavery explained why she required her Introduction to Communications class to attend and participate in the event.

“Whether you’re sure of your



Adelphi alumni who were panelists at the 6th Annual Media Career Expo, from left: Rebecca Farina Levine, Xavier Diaz, Christina Bosch, Mara Bush, Katie Lapidus and Vinny Messana. Photo by Jacqueline Giammarusco

major or not, communicating and socially linking to career interests can add a drive to your search and provide essential networking opportunities,” she said.

Kyra Lamberti, a senior biology major who attended, added her view about the importance of communications in every field.

“I feel like this event could relate to any major to some degree, but personally, as a biology major, being able to communicate effectively and grow a network with people is vital. If you do research in the field, you need to learn to effectively communicate with those you wish to publish your findings with, so you have a better chance of being successful and making a name for yourself,” Lamberti said. “For me personally, I want to be a biology teacher, so communication is very essential and something I need to do well, and events like these help people like me get a better understanding of how to develop said skills.”

Thomas Ward, Jr., executive director of the Center for Career and Professional Development, also attended the event. He said, “Events like this showcase to students the value and importance of leveraging the power and expertise of the Panther alumni network. It’s this network that can connect students to exciting, rewarding and career-building internship opportunities.”

Wisconsin High School's Zero-Tolerance Policy: A Reflection of Our Society's Flawed Conceptions of Race and Racism

BY JANICE IM

A Wisconsin high school security assistant's accidental use of a derogatory slur has cost him his job. The incident occurred on October 9, when security assistant Marlon Anderson was escorting a disruptive student out of West High School and the student began calling Anderson the "n-word" multiple times. Anderson reprimanded the student by telling him to stop calling him the "n-word," thereby using the term himself.

Assistant principal Jennifer Talarczyk told Anderson to remove himself from the confrontation with the student. Two days later, Anderson was put on notice by school principal Karen Boran for breaking their "zero-tolerance policy" of using racial slurs in a school setting. Students and faculty called out the school's decision on their failure to consider the context in which the word was used. They then organized a petition and walk-out in order to reinstate Anderson to his position, and a fundraiser to support him while he was unemployed.

It is important to first realize that some boundaries are set in stone in our society. These boundaries stem from our awareness of our country's historical mistakes, and the corrections made to these mistakes have evolved into our current social norms. Regarding our society, we all can distinguish right from wrong. However, the real problem is much more complex than this.

Several racial slurs that exist within our culture involve words that had been used against specific race

groups during the insensitively inhumane period of American slavery, including the "n-word."

There are major consequences to saying this because the term was specifically used in order to dehumanize groups of people. This word embodies the historical time period of American slavery in its entirety. Thus, society slams down any individual who carelessly or intentionally uses these forbidden words, and with good reason. Schools like this Wisconsin high school have increasingly been adopting zero-tolerance policies in order to avoid any problems with racism in the classroom. Laws have been enforced to prohibit verbal racist harassment in the workplace.

Having increased awareness and prohibitions against the use of racial slurs is a positive step for our nation. However, we cannot keep up with our "he who must not be named" imitation game. We should not be adopting mannerisms where we completely avoid talking about the forbidden phrases and automatically punishing those who use it unintentionally. There needs to be a clear line between properly educating others about the understandings of slurs, and intentionally using the slur to dehumanize another individual.

The point that the West High School board leaders seem to have missed when firing Anderson so abruptly is that the "n-word" is also part of the dark history that needs to be taught in class. The term is bound to come up when students read classic novels for assignments, and someone needs to be there to explain why it should never be used against others.



Students like those in Wisconsin protested for their beloved security officer's rights. Can the rest of the world take suit?

With the zero-tolerance policy, Anderson questioned how teachers could go on discussing "To Kill a Mockingbird," a classic novel filled with racial slurs. Yes, it is true that being cautious is important and teachers should be constantly careful when dealing with this matter. When Anderson was explaining why using the derogatory term was wrong to the unruly student, it is true that he could have been more careful to avoid using the term himself in that setting. However, it was clear that Anderson had not used it to terrorize anyone. He had used the term to defend himself and educate the student, saying, "I am not your 'n-word'. Do not call me that." We need to stop punishing people for saying a "forbidden

word" without also taking in the context of which it was said.

The "n-word" should not be categorized simply as a forbidden word, but a word that teaches students valuable lessons on why it is dehumanizing and wrong to use to terrorize or harass others. Our goal is to spread knowledge and teach students what makes a better society, and we should not keep the historical mistakes that our nation made a secret. This incident just serves as proof that our country desperately needs more proper education on handling racial issues. Racial problems that arise still seem to be an obstacle that our society finds difficult, and it needs to change.

Is Waze Promoting Dangerous Activity?

BY ALEXI BHATTACHARJI

Waze is a Google-owned navigation app that assists in finding the fastest route to your destination. It's not much different from Google or Apple map programs, but it also offers carpool options, allows you to connect your calendar events, and informs you if you're going over the speed limit. Its most popular feature allows drivers to report hazards, speed traps and objects on the road. One of its more controversial features allows users to report if a police car is sitting on the side of the road. Reportedly, Google is now introducing this feature to Google Maps, and it has again raised the question of if this feature should even be allowed.

Police have sent out complaints, arguing that it is not safe to have that information open to the public. They believe it could cause terrorist groups or criminals to be able to avoid getting caught by cops. The app, however, does not distinguish why the police car is stopped there. It could be to catch speeders, DWIs or simply sitting with no intention. Most

drivers would assume they are there to give out tickets to those who are speeding and will slow down in that area.

Google used that as a defense to the opposition, saying that people will obey the law if they know they could face a fine or ticket. Both sides of the debate have credit but removing the feature may do more harm than good. Criminals will always have other ways to avoid getting caught and it is unlikely that most of them are using Waze for that reason. The majority of Waze users like the feature and have it to avoid getting a speeding ticket. Even if it's only for a street or two, it advocates for safer driving.

If they were to remove the feature, they should still allow for drivers to report car accidents, stopped vehicles, objects on the road and red light/speed cameras. Most drivers tend to go over the speed limit on a highway or empty street or risk a turn or continue forward on a yellow light. Even if it may not be the safest thing to do, it happens every day on the roads. If someone is unaware of a camera, they could be fined as much as \$150 in Nassau County. Even the \$50 ticket cost in New York City is a

high price to pay. It is always beneficial for drivers to be warned and be more aware of their surroundings, especially if they don't know the area, as it promotes a better and safer driving experience. Getting a ticket may cause the driver to be more wary of their surroundings but will rarely stop them from speeding or going on an orange light in the future. Waze keeps drivers from having to pay upwards of \$150 and gets them to abide by the laws in doing so. If there is a camera in an area it is for a good reason, like school zones, it is better to have drivers know of the camera ahead of time, then get a ticket and risk a life.

Having Google Maps add this feature makes it more convenient. Rather than having to download another app, they can stick to one, especially for those who may prefer Google Maps' overall features. Some drivers who may not have been aware of Waze now have these helpful features on a well-known app. Android users won't have to download an extra app, or an extra two apps in the case of Apple users. Apple may even join in on the trend if it becomes successful.

If Waze can make the roads

safer for a traffic light or two, it's better than nothing. Police could always look into other means of preventing criminal organizations from prospering and set more enforcements for DWI's. The feature seems to only be expanding and could prove to be even more beneficial than it already has been.



Are features like those on Waze and soon on Google Maps safe for use while driving?

Standing Up Against Sexism (In Space)

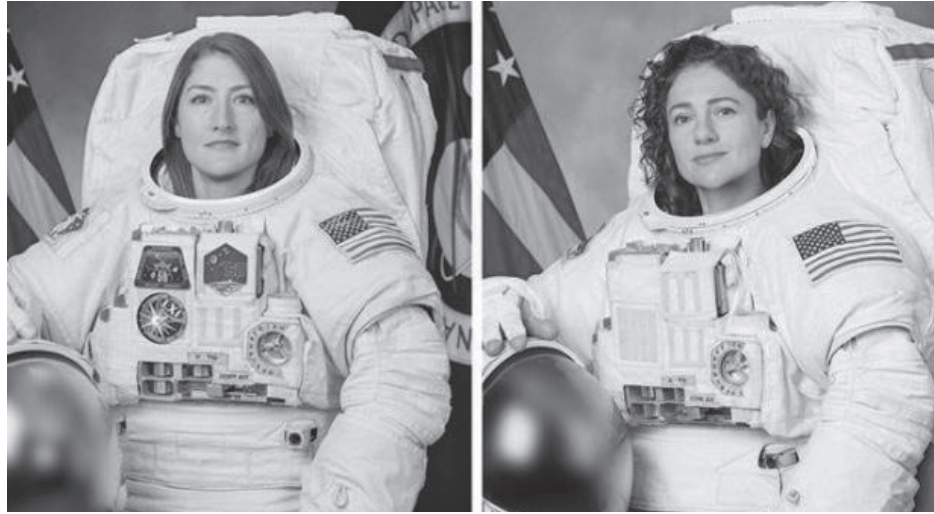
BY MYLO FISHERMAN

American astronauts Christina Koch and Jessica Meir took part in the first-ever all-female spacewalk on October 18 in order to complete their mission of replacing a power controller. The mission, which was supposed to take place in March, was taken by female and male astronauts, but Koch and Meir's dual walk further contradicted the long-standing sexism existing in the space industry. This milestone of the first all-female spacewalk was celebrated as a historic achievement that highlighted NASA's ambitious goals they're striving to achieve in the future like to put the first woman and the next man on the moon, and then find a way to Mars.

The walk in itself holds a lot of significance and is a rightfully deserved celebration.

Historically speaking, women weren't allowed to be a part of the space program until 1978 and female American astronauts didn't fly into space until 1983 when Sally Ride did so. There is also a time gap of 19 years between when the first spacewalk happened and when Kathryn D. Sullivan became the first American woman to perform one.

This all-female spacewalk, which



NASA astronauts Christina Koch, left, and Jessica Meir carried out the first all-female spacewalk last month. Photos by NASA

lasted seven hours and 17 minutes, was marked with a phone call with President Donald Trump. Trump, whether he was uneducated on the topic or not choosing his words properly, misspoke. He called this historic moment, "the first time for a woman outside of the space station." This inaccuracy was corrected by Dr. Meir, who is the fifteenth woman to do a spacewalk. "This is really just us doing our jobs," Meir asserts as she credits all the female explorers, scientists, engineers and astronauts who came before her. This walk was going to happen eventually

because of the increasing number of female astronauts.

This event was able to simultaneously show how far women have come while also showing how much sexism still exists in our modern society. For starters, an all-female spacewalk emphasizes the fact that women can do anything a man can do. The first spacewalk, which was all-male, occurred in 1965. It took 54 years until the first all-female spacewalk in 2019.

That's a lot of time and injustice that is deeply rooted in the sexism that

existed and still exists in our society. The lack of resources, for example like smaller sized space suits, also goes on to emphasize the gender gap. Because they lacked an appropriately sized space suit for women, they prioritized the men and caused this all-female spacewalk to be postponed until now instead of occurring in March. This goes to show that even in our modern progressive society, women still face obstacles in gender equality. Just because the walk still happened eventually, that doesn't mean that this roadblock never happened.

Trump falsely stating that this was the first time women stepped out of the space station, whether he did this intentionally or not, undermines the work of so many women who came before Meir and Koch. This goes to show Trump's general attitude towards women. He couldn't bother to obtain the correct information, which you can Google in a matter of seconds, and instead, he stated incorrect information that is obtainable on a national level.

Thankfully Meir took the time to subtly correct Trump by thanking all of the women who made this spacewalk possible, but it still can't erase what Trump said.

SPORTS

Adelphi Women's Field Hockey Achieves Success With Great Strides

BY HYACINTH TAYLOR

Adelphi's women's field hockey team has surprised everyone this season with 10 straight wins, the most seen in recent years. At the beginning of the season, many girls were injured, which was worrisome for the team. Some of them faced concussions and they entered the season with one goalie.

Nevertheless, they quickly recovered. "The more games we won, the more we wanted to continue," said senior forward Elissa Frein.

Their Twitter page, @AdelphiFH, gets a lot of attention with retweets from Northeast 10 (NE10) conference as the team is ranked sixth in the nation. This ranking puts them above Assumption College and Southern New Hampshire University (SNHU). Adelphi's women's field hockey team hasn't been ranked this high since 2008.

The team is humble about their wins, attributing their success to hard work on and off the field. Off the field, the team engages in community service for the Make A Wish organization, Run for Tunnels, Garden Vines and Breast Cancer Awareness. Balancing community service with athleticism builds character and well-rounded athletes.

"We want to give back outside of field hockey," said senior Danielle Powers.

One player many have been focusing on lately is new goalkeeper

Stephanie Peragallo. She is most known for stonewalling teams—blocking or delaying an action by being evasive. Stonewalling describes Peragallo perfectly due to her ability to block opposing teams from scoring. With this type of praise, you would think she grew up playing the sport, but she never played field hockey in her life. The only sport she's played before field hockey was lacrosse.

Freshman forward Giana McKeough has also contributed to the team by becoming Rookie of the Week. This recognizes stand-out players in their first year of collegiate competition. Additionally, Frein was named Player of the Week for scoring two goals in one game and nine points in one week.

"Being Player of the Week feels great, I wouldn't have been able to do it without my team," said Frein.

Coaches are a big part of the team, too. Upper and lower classmen alike say they have good relationships with the field hockey coaches and feel they can share any concerns they may have.

Unfortunately, Adelphi's winning streak was broken in a recent game against Bentley University. Adelphi lost the game in a heartbreaking overtime loss 3-2. WCU is ranked first in the NE10, compared to Adelphi's fifth rank which explains the challenge they faced. Nonetheless, this loss hasn't discouraged our ladies just yet.

Junior forward and midfielder Jackie Brown said it best: "We don't want to keep our heads down from a loss."

Likewise, senior athletes say when they graduate, they want freshman athletes to remember leadership qualities and to keep their heads up in the face of adversity.

Players Brown, Powers and Frein said the team usually watches film after the games to learn from a loss, specifically analyzing how other teams play corners. Powers said, "Losing was a wake-up call, we got too comfortable."

One thing the team wants is for more people on campus to be more open to the sport. Lately, the team has been getting a lot of support, but continuous attendance from fans could take them a long way, especially going into the postseason. Check aupanthers.com for updates on field hockey's playoff schedule.



Field hockey 1 - Senior forward Elissa Frein Photo by Adelphi Athletics

Panther Preview: AU Men's Basketball Excited for 2019-'20 Season

BY MAXMILLIAN ROBINSON

'Tis the season of loud roars, high scores and intense soaring for slam dunks. Yes, it's basketball season! The 2019-'20 Adelphi men's basketball campaign started Friday, November 8 in the Center for Recreation and Sports at midnight, where they faced off against Queens College. With high hopes and goals to reach during the season, it is intriguing to wonder what excites the players the most this season.

"What excites me the most are the games," said sophomore guard Ronnie Silva. "I love playing, whether it's a home crowd, or an away game where everyone is against your team. It's really exciting."

Silva, coming off of his freshman campaign winning the NE10 Rookie of the Year award, only looks to have an even bigger impact this season and contributing to what may be the team's X-factor in winning it all this year.

"The X-factor to our team's success is culture," Silva stated. "We have to have a winning attitude every day, no matter what we do. Whether it's in practice, the classroom or even film sessions, we need to win at everything every day."

Last season, the Panthers finished the season 19-10 overall, a complete turnaround from the 11-18 season in 2017. The front office had the answers when searching for where this new winning mentality came from.

When asked about the team's secret to success was last season, assistant coach James McCullough said, "There are no secrets. There were a handful of close games against tough opponents in the



Ronnie Silva driving down the court during a game. Photo by Adelphi Athletics

2017-'18 season and we weren't able to fill up the win column as we would have liked. But the team kept working hard through the rest of the season, into the offseason and the hard work eventually paid off the next season."

This sudden turnaround did not come out of nowhere. Aside from the talent each player holds, there is an advantage to having an experienced coaching staff as well.

"Experience from the coaching staff is very important to us in order to properly manage individual and team goals," McCullough said. "Just like the players, we all focus on working together and have roles that ensure that we are constantly devoting time to both

the individual player's needs, as well as what the team needs to be successful. Our individual years of coaching experience prior to Adelphi has helped, but our experience working together here has made the biggest difference."

This team has had several alterations over the past few years, with only five returning members from the previous season. While speaking to returning member Eric Van Note, it is evident that consistency off the court is just as important as it is on the hardwood.

"Having a relationship off the court and being invested in each other outside of basketball makes the game easier," stated the junior guard. "You're able to communicate in a different way

because you know how your teammate might think or act. You're also able to motivate and drive your teammates in a particular way because of this free and open communication that might not happen without a close-knit relationship. I'm not saying that this is a winning formula, but I am saying that this allows for a more open approach to the game itself."

On top of this, being a student athlete is a huge time commitment and daunting task. "The biggest challenge some students might not realize is time [management]," Van Note said. "Student athletes have to travel, practice and have team obligations on top of being a student. This includes studying on the road, going to class after a hard practice, and even getting enough sleep. All of these aspects might be overlooked but play a part in our role."

From hours of studying and practicing plays, to hitting the schoolbooks, the agenda of a student athlete can be jarring. With so much opportunity at stake, you can almost look at this team like it's every man for themselves, however the mindset inside the team says otherwise.

"Our team motto is always selfless," McCullough emphasized. "We start and end all our practices, team meetings and huddles with that one simple word to constantly remind the importance of thinking outside of yourself and putting your teammates first."

Needless to say, this team demonstrates the true meaning of what it's like to have Panther pride on the verge of a promising season.

Midnight Madness Kicks Off the Men's and Women's Basketball Seasons

BY JADE MCCLINTON-DORLEY

On October 19, the Center for Recreation and Sport was packed with students for the annual Midnight Madness pep rally to kick off the start of the basketball season. The event began with a performance launched by the Adelphi cheerleaders. There were flips! There were kicks! It was fantastic and you could hear

the audience gasp at every high basket toss. Throughout the night there were so many chances for students to compete against each other to win cool prizes including a 40-inch Amazon Fire television, Nintendo Switch, New York Knicks tickets and more. The games mostly consisted of a lot of dunks, running and even an amusing lip sync battle.

Additionally, there were performances from AU Bailadores,

Bhangra, Sapna, the dance and cheerleading teams and more. About halfway through the pep rally, the men and women's basketball team players were introduced. The headlights shone bright upon them as they ran down the bleachers and threw T-shirts to the crowd. Some of the players had handshakes with each other as a show of sportsmanship.

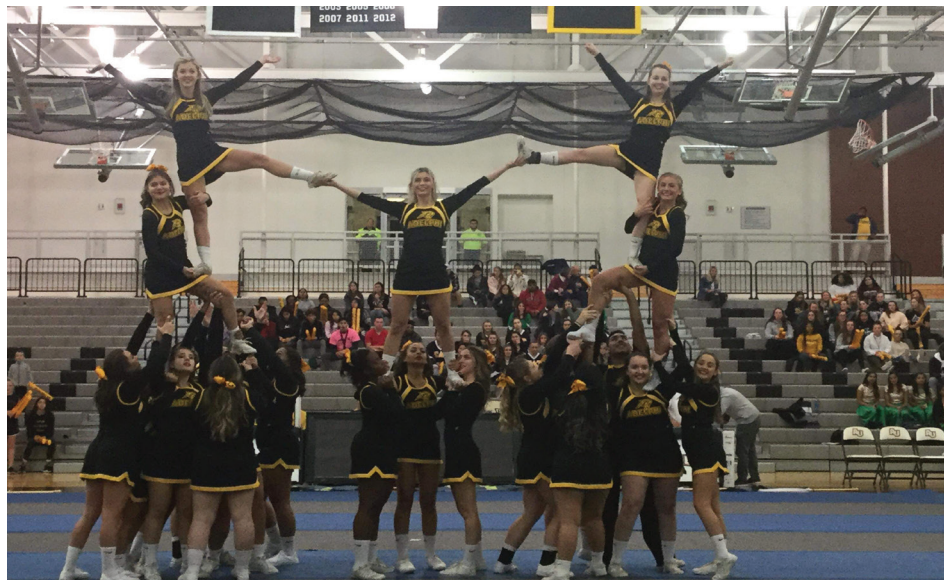
The first player to get introduced at Midnight Madness was Austin Beech, a senior from San Diego, California who plays guard. Next, Leonie Edringer, a senior forward from Trier, Germany was introduced. Following Leonie was Chris Coalmon of North Babylon, N.Y. who plays guard. Introductions of the rest of the team followed. The players ran down the aisles of the bleachers and stood in the middle of the gym to take pictures. They gave each other hugs, fist pumps or had handshakes. After every player on the men's and women's teams were introduced, they started warming up and played a pick-up game together.

Later on, the last killer performance of the night was AU Evolution. You could feel how excited the crowd was to watch AU Evolution perform last.

Jesalyn Domenech, senior and member of AU Evolution, said,

"Performing at Midnight Madness was one of the most enjoyable experiences I've had at Adelphi. It was great having the opportunity to perform in front of the Adelphi community and having talented dancers by my side."

Now that the Adelphi fans are pumped for the upcoming basketball season, we should keep up that same energy throughout the upcoming basketball season to support our team. On Saturday, November 16, the women's basketball team will play at home in the Center for Recreation and Sports against Caldwell University at 7 pm. The men's basketball team will play at home in the Center for Recreation and Sports next on December 1 at 2 pm and face Concordia College in a non-conference matchup.



The Adelphi cheerleading team during their performance at Midnight Madness on October 19. Photo by Jade McClinton-Dorley

Gain valuable sports writing experience.

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Email delphian@adelphi.edu if you are interested.