



PACKING LIST & DRESS REQUIREMENTS

Pre-College Program , Summer 2023

BEDDING

- Set of Standard Twin XL Bed Sheets
- Bedspread/Comforter
- Mattress Pad (Optional)
- Pillows/Pillowcase
- Throw Blanket (Optional)

LAUNDRY

- Laundry Basket/Bag
- Laundry Detergent
- Fabric Softener
- Stain Remover (Optional)
- Lint Brush (Optional)

CLOTHING

- | | |
|--|--|
| <input type="checkbox"/> T-Shirts | <input type="checkbox"/> Workout Clothing |
| <input type="checkbox"/> Long Sleeve T-Shirts | <input type="checkbox"/> Pajamas |
| <input type="checkbox"/> Pants (Jeans, Leggings, etc.) | <input type="checkbox"/> Slippers (Optional) |
| <input type="checkbox"/> Shorts/Skirts | <input type="checkbox"/> Flip Flops |
| <input type="checkbox"/> Sweatshirts | <input type="checkbox"/> Sneakers |
| <input type="checkbox"/> Sweatpants | <input type="checkbox"/> Flat Shoes (Optional) |
| <input type="checkbox"/> Rain Coat | <input type="checkbox"/> Sandals (Optional) |

**NOTE: All students are strongly encouraged to bring at least one (1) business casual outfit (dress shirt/blouse, collared shirt/button-down shirt, slacks/khakis/trousers, long skirts, dresses, tie, dress shoes, loafers, etc.).*

Introduction to Nursing: All students in the Introduction to Nursing course **MUST** have appropriate hospital attire, including white scrubs (available at Walmart) or white pants (NOT jeans), white sneakers and the program shirt which you will receive upon arrival.

Science, Medicine, and Society: All students must be covered "neck to ankles" for their learning labs (i.e. long sleeved shirts and long pants) and must wear closed toed shoes. Flips flops, sandals, and/or slides are not permitted in the lab.

PACKING LIST CONTINUED

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TOILETRIES/BATHROOM ITEMS

- Body Wash/Soap
- Shampoo/Conditioner
- Face Wash
- Deodorant/Antiperspirant
- Bath Towels
- Wash Cloths/Loofahs
- Toothbrush/Toothpaste/Floss
- Lotion (Optional)
- Hair Products (Optional)
- Hair Styling Tools (Optional)
- Contacts and Lens Solution
- Eyeglasses and Case
- Sunglasses and Case
- Sunscreen

TECHNOLOGY

- Cell Phone and Charger
- Laptop and Charger
- iPad/Tablet and Charger (Optional)
- Headphones/AirPods
- Alarm Clock (Optional)

FOOD

- Refillable Water Bottle
- Granola Bars (Optional)
- Cereal/Instant Oatmeal (Optional)
- Snacks
- Microwaveable Meals (Optional)

MEDICAL/FIRST AID

- Necessary Medications/Prescriptions
- Aloe Lotion
- Band-Aids
- First Aid Kit (Optional)
- Hot and Cold Packs (Optional)
- Antibacterial Hand Sanitizer
- Tylenol/Advil
- Feminine Products

ROOM ITEMS/MISCELLANEOUS

- Clothes Hangers
- Umbrella
- Backpack
- Gym Bag (Optional)
- Money (Suggested Amount: \$100)

